

TOWN Reminder

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MPIC discusses housing trust

By Emily-Rose Pappas
Staff Writer
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SOUTH HADLEY – The Master Plan Implementation Committee met together last week to discuss an upcoming meeting of the Affordable Housing Trust, as well as discuss ways to better municipal communication.

Chair Nathan Therian held the February 13 meeting with Vice Chair Susan Perry, Clerk Mary Jo Maydew, and members Michelle Theroux, Daniel Hamel, John Parenteau, as well as Carol Constant.

“The Affordable Housing Trust is holding a meeting to which they’ve invited all members of the major committees in town that have anything to do with housing,” said Therian.

Town Planner Anne Capra shared the invitation

to the meeting, which details the trust that is made to collect funds and keep them in interest for many years in order to fund affordable housing for years.

“The town recently approved the creation of the trust, and I think the goal is to collect thoughts from these key committees around what should be the purview of South Hadley’s Affordable Trust, and how to go about promoting affordable housing, and raise funds to do that,” said Therian.

Therian said he could not be at the meeting, and Maydew shared she would attend the meeting, and Therian recommended to read up on the materials listed on the Planning Board’s website.

“It actually seeks to create new housing of a differ-

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Chair Yoga



The group of ladies who enjoy chair yoga at the senior center.

Senior center hosts yoga to help relax

By Emily-Rose Pappas
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GRANBY – Yoga is one of the many ways one can find inner peace, and move the body, the perfect combination to help relieve tension physically and mentally.

Laurie Cameron found a love for yoga, and has been teaching it since 1996, and studied and took classes in both Boston and Maui, Hawaii.

“My approach to yoga is a therapeutic approach. It’s not about the form; it’s about

the function,” said Cameron, sharing she studied with yoga therapists, training on how to teach yoga in ways that will help people.

“I’ve been teaching yoga since 1996, and I’ve taught all over and done this for a long time,” said Cameron.

She taught yoga in the physical educational departments at Mount Holyoke College and has had her own studio inside of her home teaching classes.

She began teaching after her oldest son was born and wanted to find ways to move after giving birth, and found

yoga, falling in love with it and decided to fall asleep.

“I would say my favorite thing about yoga is that it keeps me out of pain, it moves my whole body and keeps my body balanced, and it quiets my mind. It also helps me to be more aware of my body and emotions,” said Cameron.

She started leading the chair yoga class at the senior center before COVID, and they meet on the second and fourth Wednesdays of the month from 10 to 11 a.m.

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Scout restores hiking trail

By Tina Lesniak
Correspondent

SOUTH HADLEY — A once-overgrown hiking path that connects a neighborhood to a main road near the local elementary and middle schools has been transformed, thanks to the hard work of Eagle Scout Owen Bauman. For his Eagle Scout project, Bauman dedicated his time and effort to rebuilding a set of stairs on the trail, ensuring safer and easier access for residents.

Bauman’s project involved extensive work, including clearing overgrowth, removing rotted wood, designing a blueprint, and constructing new stairs with a sturdy foundation and railing.

“The person who runs the environmental agency in South Hadley mentioned that this was something they had wanted to do for a long time,” Bauman explained. “I also really wanted my project to be outside because I love the outdoors, and I thought it would be something that would benefit the community.”

“I hope this tells people that I am someone who is always willing to help out others, has good morals, knows how to get things done and is dedicated.”

– Eagle Scout
Owen Bauman



South Hadley Town Hall

File photo

Professor shares knowledge of Middle East affairs

By Emily-Rose Pappas
Staff Writer
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SOUTH HADLEY – Professor Sohail Hashmi at Mount Holyoke College, has been teaching about Middle East Politics for 31 years, and had a talk this past Wednesday about conflicts in the Middle East, and what to expect in 2025.

“I’ve been studying the Middle East all my life because I grew up in a house with people in political sciences,” said Hashmi. “I was also very interested in most of my life in teaching American history, but then in high school, the Iranian Revolution happened. It was something I was absolutely fascinated by and understanding religion in politics.”

The talk focused on what is happening with the ceasefire in Gaza, as well as the escalating tensions in the West Bank, talking about the conflicts between Hamas and Israel, and where we expect these conflicts to go.

“There was a lot happening in the West Bank before Hamas attacked from the Gaza Strip, and because the world has been focused on Gaza, there is a need for us to focus on a brewing conflict in the West Bank in-



Professor Sohail Hashmi talking to those in attendance about the Middle East.

creasing in severity,” said Hashmi.

The main conflict in the West Bank resides in seizing land. With the population in the tiny region being composed of about three million Palestinians, it is becoming crowded as Jewish settlers nearing one million are coming into the region.

“The conflict is basically who is going to live there, and where. The region is very small, and as the population of Jewish settlers increases, the Palestinians will be displaced, and that has been happening since 1967,” Hashmi said.

The two groups are on a collision-course; those three million Palestinians consid-

“I’ve been studying the Middle East all my life because I grew up in a house with people in political sciences.”

– Professor
Sohail Hashmi

er the West Bank their home, and there is close to one million Jewish settlers coming into the region as well to make their homes there.

“Without the West Bank, there isn’t a place for the Palestinians politically, but without arms, they’re at the mercy of the Israeli military and the Jewish settlers there,” said Hashmi, as the settlers coming into the region are armed.

Last year, Hashmi gave a talk at the library about the history of the region, and he was welcomed back to continue the conversation, especially after the ceasefire.

“The Middle East is an area that can change very fast,” Hashmi said. “The world is too small for us to not be aware and be engaged

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Library partners with Bruins for a PJ drive

By Emily-Rose Pappas
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SOUTH HADLEY – For the past eighteen years, the Boston Bruins have held an annual PJ Drive in order to provide pajamas for kids in low-income and homeless situations.

The Bruins partner with Cradles to Crayons, the Massachusetts Board of Library Commissioners, and Wonderfund to collect pajamas for this goal.

From February 1 until March 15, donations are collected, and this year there is a goal of 10,000 pairs of pajamas for kids in need.

The South Hadley Public Library and the Gaylord Memorial Library will have donation boxes for you to bring in your donations.

The donations must be clean, new pajamas in all kids’ sizes as well as adult small and adult medium siz-

es. It is asked that there are no holiday or family references on the pajamas.

The quality of the pajamas coincides with dignity and allows children to feel special and important by receiving a brand new pair of PJ’s just for them.

Some of the most-needed sizes of pajamas for girls include 18-24 months, 2T, 3T, 5/6 (child small), 14/16 (child XL/adult S), and 18/20 (child XXL/adult M).

For the boys, the most-needed sizes of pajamas include 18-24 months, 2T, 5/6 (child S), 7/8 (child M), 14/16 (child XL/adult S), and 18/20 (child XXL/adult M).

You can find more information, additional drop-box locations across Massachusetts, events with the Bruins, and other ways to donate to the cause on their website, <https://www.cradlestocrayons.org/boston/bruins-pj-drive/>.

The planning and organizing phase took nearly two months, while the hands-on work at the site totaled about 12 hours over two days. Bauman expressed gratitude to those who helped him bring the project to life. “I really want to thank my family and Brian Regan, my Sea Scout leader, because I couldn’t have done it without them. They helped me get it done and provided a lot of resources. I also want to thank Mr. Abrams for helping me create the blueprint and lay the foundation.”

Earning the rank of Eagle Scout is a significant achievement, and for Bauman, it was a natural step in his scouting journey. “I decided to go for Eagle because I knew it looks good to colleges,” explained Bauman. “However, more than that scouting was something I really enjoyed and it almost felt like an injustice to not get Eagle after spending years working towards it. I also felt it was a way to pay back my troop for instilling values that I hold very dearly, allowing me to go on awesome adventures and teaching me how to become the best version of myself.”

Bauman hopes that his accomplishment reflects his dedication and willingness to help others. “I hope this tells people that I am someone who is always willing to help out others, has good morals, knows how to get things done and is dedicated.”

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All About Town



GRANBY ANIMAL CONTROL

Get To Know Your Town Employee: Kim Goldsmith

GRANBY – As part of a new addition to the papers, we are looking to add in features of our town employees to recognize and thank them for their hard work and dedication.

These town employees are what help keep our communities running, providing resources, help, information, fun events, organization, and more for us to enjoy.

Here is an interview with the Granby Animal Control Officer, Kim Goldsmith.

What is your favorite thing about the town?

"I was born and raised in Granby. I love the small town atmosphere starting and ending my day with friendly faces."

What do you do in your position?

"I respond to calls for stray, abandoned, or dangerous animals. I enforce licensing laws. I work with law enforcement to investigate animal abuse or neglect. I manage our town shelter impounding when necessary and rejoining pets with their families."

Describe an average day at the office?

"I am on call 24/7 so there is not an average day or night. Depending on the calls and whether I have any animals at the shelter some days are much busier than others."

Tell me a bit about you. Are you a resident? What's your education?

"I am a resident in Granby raising my children with my husband in the home I

grew up in. I graduated from Wilbraham and Monson Academy and chose to immediately continue my passion for animal care. I have been involved in Animal Care professionally for the past 30 years."

What other departments or committees/boards do you work closely with?

"I work under the Police Department, and I also assist the board of health with quarantines when needed."

What is the most fulfilling part of your job?

"Helping animals - especially reuniting a lost pet with its family."

What inspired you to take on the position?

"Our previous Animal Control Officer retired, and I felt it was important to support the town I grew up in with something I had so much knowledge and passion in."

Where is your office located? What are your office hours?

"The office is located at the town pound. My office hours differ depending on the situation and if there are pets to care for. My phone line is on, and residents are able to contact me 24/7."

What is the history of your department? What makes it unique from others?

"I think our department is unique because I'm part of a small town community so there is a personal connection and many times I know many of the pets and families per-



The vehicle that arrives on the scene to help save all animals in need.

sonally. We always try to get pets back home as quickly as possible whether day or night. My goal is to try to help make the town safer and a caring place for animals and residents."

What do you want the community to know about your position?

"ACO's play a vital role in public safety, animal welfare, and education. The dog officer being a dog catcher is certainly a thing of the past. The role of an ACO is so much more involved. Besides calls

for stray animals I investigate dog bites, ensure dogs are licensed, and help educate pet owners on responsible ownership. It's helpful when the community licenses and microchips their pets so they can be returned quicker. It's also helpful when pet owners follow pet laws to help keep the animals and pets safe."

If you or someone you know would be interested in a feature in the paper, please contact Emily-Rose Pappas at epappas@turley.com.

South Hadley COA

45 Dayton Street, South Hadley • 413-538-5030
www.southhadley.org/324/Council-on-Aging

Special programs for February

Gentlemen's Breakfast
Friday, Feb. 21 at 8:30 a.m.

Gents! Come savor a delicious meal prepared by the talented Chef Dakota. We thank Steven Laplante and Jameson Glanville of ERA M. Connie Laplante Real Estate for hosting this morning meal. The meal is free – donations are happily accepted. Please register with the Welcome Desk.

Black History Month
Tuesday, Feb. 25 at 2 p.m.

Join us as we wrap up our celebration of Black History Month with a presentation by Kijua Sanders-McMurtry, Ph.D. Dr. McMurtry is the VP for Equity and Inclusion at Mt. Holyoke College. This presentation will be a presentation and discussion of the role and experiences of Black Americans in the Northeast, South Hadley and the information available at Mt. Holyoke College.

Hip Hop Line Dance with Rondae
Wednesday, Feb. 26 at 1 p.m.

Rondae Drafts, Ph.D., from Music Dance in Ran-

dolph, MA will lead a FREE line dance class featuring smooth R&B and Hip Hop music. This well attended class is our 2nd year with Rondae and generously sponsored by the Massachusetts Cultural Council. Please register at the Welcome Desk.

Women's Network
Wednesday, Feb. 26 at 2:20 p.m.

Join us for our monthly social program for women, featuring guest speaker Jan Lucier, Holistic nurse and Shamanic Practitioner. Refreshments will be provided, sponsored by the Friends of the South Hadley Seniors.

February Birthday and Anniversary Party
Thursday, Feb. 27 at 5 p.m.

Celebrate with us at our monthly Birthday and Anniversary party featuring entertainment by Soular Eclipse. If it's your birthday or anniversary in February, don't forget to enter our monthly raffle. Sponsored by the Massachusetts Cultural Council and the Friends of the South Hadley Seniors.

53rd Annual Spring Flower Show at Mt. Holyoke College

SOUTH HADLEY—The Botanic Garden at Mount Holyoke College is holding its annual Spring Flower Show starting Saturday, March 1, 2025 and ending Sunday, March 16, 2025. The Spring Flower Show is held in the Talcott Greenhouse on campus and is free and open to the public.

This year's show is the fifty-third annual event. Visitors are invited to immerse themselves in the vibrant colors and fragrances of this floral spectacle. Visitors will also be able to stroll through other parts of the Talcott Greenhouse complex including the surrounding three acres of gardens.

"The show will feature

thousands of vibrant tulips, cheery daffodils, fragrant hyacinths as well as other spring bloomers all set amidst and in combination with plants from the permanent living collection," said Tom Clark, the director and curator of the Botanic Garden. "The Flower Show is always a welcome burst of spring-like exuberance in the waning days of winter! We encourage visitors to explore the entire Talcott Greenhouse as it has a rich and diverse collection of plants from around the world."

During the show, the Talcott Greenhouse will be open to the public from 10 a.m. to 4 p.m. daily.

'The Big Broadcast!' celebrates 20th Anniversary

Mount Holyoke students recreate 1940s radio show

SOUTH HADLEY – "The Big Broadcast!," a popular musical tradition and signature Mount Holyoke College event, celebrates its 20th anniversary concert Saturday,

March 8 in Chapin Auditorium on the college's campus. There will be two performances - 2 p.m. and 7:30 p.m. Snow date is March 9.

"The Big Broadcast!" is a unique recreation of a 1940s-style radio show, complete with news, commercials, popular songs, and a radio play in the old soap-opera serial style.

Sponsors are Mount Holyoke College, PeoplesBank, 22News, Loomis Communities, NEPM, Reminder Publications, The Republican and MassLive.

22News meteorologist Brian Lapis returns to "The Big Broadcast!" in his role as the show's host, Fred Kelley. Mark Gionfriddo, director of the Mount Holyoke College

Jazz Ensembles, is the show's creative director.

"The Big Broadcast" is a production of the Mount Holyoke College Big Band, Jazz Vocal, and Chamber Jazz ensembles.

"There's really nothing else like it," Gionfriddo said. Part concert, part theater, the show is produced by students with Gionfriddo playing the role of band leader Matt Morgan.

Some of this year's musical selections include Glenn Miller's "Little Brown Jug" and "Pennsylvania 6-5000;" "I Get a Kick Out of You"

by Cole Porter; "On the Atchison, Topeka & Santa Fe," made famous by Rosemary Clooney and Harry James; and "Straighten Up And Fly Right" from The Andrews Sisters.

The Vocal Jazz Ensemble will premiere a new arrangement by Gionfriddo of a classic Johnny Anz ballad, "A Cottage and A Prayer." The song, which Gionfriddo calls a little-known gem, has a local connection: Anz's son John is a music promoter and radio host from South Hadley.

Tickets are available at the Odyssey Bookshop in South Hadley and online at mhc.ludus.com.



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with what's going on in the world. The Middle East is a large concern, especially in the past 80 years or so."

The United States is heavily involved with the Middle East in many ways, including economic, military, policies, diplomacy, and with moral powers.

"We have been engaged not only politically and with wars, but also economically. We have very difficult tensions with Iran. Tensions are very high," said Hashmi. "Israel is one of our closest allies, and there is no way to avoid understanding and being informed about how and why the United States is involved with the Middle East."

The talk at the library Hashmi held was meant to serve to just present the facts and the truth of the history and reality of what is happening, without personal beliefs, opinions, or political standpoints entering into the ring.

"As much as truth is being focused on, and I can genuinely see both sides," said Hashmi. "It is fundamentally a clash between two people who see the

same area as their homeland. But because it is a very important part of the world, the Middle East is dominated and has dominated foreign policy for well-over 80 years."

The topic of world politics can be a daunting one, and many people experience deep anxieties regarding these powers at large and feel and advocate for them.

"The only way to get over those anxieties, and research what is really happening and these historical truths. If you do not try and separate their anxieties and feelings from the facts so that they can speak intelligently about this," said Hashmi.

Being able to discuss these topics with other people involves the essential task of doing one thing: understanding that we are talking about human beings, and that they are humans on both sides.

Understanding the truth, the facts, and that we are talking about human beings with very real issues, claims, and conflicts, is essential to understanding the world outside our borders, and coming to terms with the realities of what may come this year.





Inspiring stories share impact of care

WMAS Radiothon for Baystate Children's Hospital

SPRINGFIELD—The public is invited to join in the fun at the 24th annual 94.7 WMAS Radiothon for Baystate Children's Hospital at the Naismith Memorial Basketball Hall of Fame on March 4 and 5 from 6 a.m. to 6 p.m.

Broadcasting live from the 94.7 WMAS studios, the Kellogg Krew will connect listeners with stories from patients, team members, and

community members that are filled with hope, miracles, and the impact of Baystate Children's Hospital. Among the many stories shared will be Emilia Cecchetelli's, the 2025 Children's Miracle Network Ambassador for Baystate Children's Hospital. Four-year-old Emilia was born at 26 weeks and spent 143 days in the Davis Neonatal Intensive Care Unit fighting chronic lung disease and Craniosynostosis, a condition which causes problems with normal brain and skull growth. Listeners will hear how she's doing today and how the care at Baystate Children's Hospital played a critical role in her life.

Attendees of the Radiothon will be able to have their photo taken on the red carpet, make a donation, and get a sneak peek of the Kellogg Krew broadcasting live.

"Each year, I feel so inspired by the stories we are able to share and the families we are able to meet," said 94.7 WMAS' Chris Kellogg. "Baystate Children's Hospital plays such a critical role in our community, and we are happy to support it in any way we can."

There are many ways to donate. Listeners can visit WMASKids.com, text WMASKIDS to 51555, or call the Lia Auto Group Phone Bank at 413-794-1111

from 6 a.m. to 6 p.m. on March 4 and 5.

"It really is incredible what our community can accomplish when we come together for an important cause," said Interim Vice President of Philanthropy, Baystate Health, and Executive Director, Baystate Health Foundation, Kathy Tobin. "As the only accredited, full-service children's hospital in western Massachusetts, the Radiothon helps provide vital funding for care that spans our region."

Baystate Children's Hospital is one of 170 fundraising Children's Miracle Network Hospitals across the country. Children's Miracle Network

Hospitals are unique in that 100% of all money raised locally goes directly to Baystate Children's Hospital in Springfield in support of children's health programs and services.

Major sponsors for the Radiothon include Hyundai Hope on Wheels, Lia Auto Group, Pioneer Valley Credit Union, Eversource, M&T Bank, City Tire, and Peoples-Bank.

To make a donation online today, visit WMASKIDS.com, or for more information, email Event Manager Heather Clark at Heather.Clark2@BaystateHealth.org.

Quabbin Photo Group to hold Zoom meeting Feb. 24

REGION—Quabbin Photo Group meeting this month will be via Zoom, and it will be on Feb. 24, 2025, starting at 7 p.m..

Program

This month our program will be a Members Night, when we look forward to viewing your six related images, maybe of something new you've been working on recently. Do you have a new skill that you would like to

explain and share with everyone? Learning new techniques from each other is always a helpful way to expand our photographic skill sets, and to improve our photography.

Future Meetings

On March 24, 2025, we will have a presentation by Tony Sweet: "Atmospherics in Photography". Many of you may be familiar with Tony through his wonderful,

informative presentations at NECCC.

New Members

We always welcome new members! If you have a friend whom you think would enjoy our group, please, invite them to join you, and then hopefully they will become new members.

Suggestions

As always, we welcome your thoughts and sugges-

tions. You can share them at the meeting, or you can email them to Mark, or to me. We are looking for ways to attract and grow our QPG membership, so if you have some ideas, and/or you would like to sponsor an event, again, please let us know.

Zoom

Kevin Kopchynski is our Zoom host. Zoom Link: gspltz@verizon.net

Whose Life

Will Your Blood Donation Save?

Quabbin Health District blood drive Feb. 24

BELCHERTOWN—Blood Drive hosted by Quabbin Health District from 9 a.m. to 1:30 p.m. on Feb. 24, 2025 at the Belchertown Town Hall Auditorium.

To sign up contact

Kirsten Krieger, RN at (413) 967-9648 ext 112.

Eligible Donors will also receive a \$10.00 gift card from either Dunkin' Donuts, Starbucks Coffee, Big Y, Amazon, Panera or Chipotle.

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ent sort-housing that would be available to people who are challenged by the housing costs," said Therian.

New zoning regulations, financial incentives to builders, regulations for greater density, and more are factors that are going to be discussed at this meeting.

"Housing production is one of the major goals of the Master Plan and is one that many of our committees could have a hand in," said Therian.

Carol Constant, the Selectboard Liaison, shared some of the statistics of the need for affordable housing, as well as "improve resilience around climate change," which is another major goal

of the Master Plan.

Therian encouraged the members of the committee to attend this meeting, as it is very important to the town moving forward.

Water Supply Protection District Updates

Therian shared that there was a hydrogeological study done, and it "confirms that the large portion of water that goes into the aquifer that serves about half the town, is coming from the ridge, and not from the Connecticut River," said Therian.

He shared that his could mean an impact on the town's water supply, and that to combat this and plan about it, Therian shared he was asked to represent the Planning Board on a new committee to

talk about this.

"It's an issue that's on the forefront of a lot of peoples' minds, how to preserve the water supply," said Therian. "But our next step is to convene very soon a group that will think about the Water Supply Protection District."

Updates to Plans for Supporting Committee Communications

MPIC has been working towards creating new ways in order to encourage and enhance communication between municipalities and the community.

They began their conversation at the meeting by considering how well committees are doing with minute-keeping and posted for the community, as well as discussing

with committees on what they need.

Maydew gave a report on how the different committees share meeting minutes, and how Chief Gunderson with the police department make sure to share their communication "in a different flavor" regarding sharing updates via their Facebook profile.

Therian shared the main goal was to ensure that not

only is the information put out, "but we need to make sure that the public is able to find them."

MPIC is planning to work with the Town Clerk to find ways to come up with building the communication between municipalities and the community, and "we seem to have made major progress," Therian said.

They discussed ideas to

further communicate with the committees within the town to figure out how to encourage keeping up-to-date minutes available easily to the public.

The committee also discussed more about having a goal for their march meeting to include a message out to the committees about their year-end reviews to have sent in by May.

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Bauman has ambitious plans for the future. He aims to attend the United States Naval Academy and become a naval pilot, following in his grandfather's footsteps. His interest in engineering could lead him to a career at NASA or another space agency.

Bauman's scouting experiences have been filled with adventure. He fondly recalls a 15-day backpacking trip at Philmont Scout Ranch in the Rocky Mountains. "I made so many lifelong memories and created bonds with my fellow Scouts that will never break," recalled Bauman. "To top it off it's also just a great place to go backpacking. There's beautiful scenery. The trails

are well-maintained. And it's just an overall amazing place."

Another intense experience came during a training hike in the White Mountains. The temperature dropped quickly from 60 degrees to just above freezing and then it began to rain.

"At this time, we were hiking up a set of wooden stairs, which the rain had made slick and prevented us from stopping and taking out raincoats," remembered Bauman. "When we finally reached the top, everyone was soaked to the bone, and there was a piercing wind. This was a dangerous combination and many people got hypothermia. Because of this, we decided to hike back to

our cars, which added an extra five miles to our trip and caused us to keep hiking until midnight. I barely remember the trip because I had severe hypothermia but regardless it is a cool story."

Among his most cherished memories is a nighttime bike ride to a lighthouse on Nantucket. "The Big Dipper was perfectly positioned above the lighthouse, and we could see the Milky Way. It was one of the most beautiful sights I've ever witnessed," said Bauman.

Through his Eagle Scout project and years of dedication to scouting, Owen Bauman has left a lasting impact on his community and looks forward to a future of service and adventure.

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"It's adapting to doing the poses either sitting in a chair or standing. It's for people who cannot get in the floor," said Cameron. "My favorite part is the community of coming together and the satisfaction of seeing the students feel good at the end of class, feeling relaxed and feeling they've moved their body and feeling the relaxation."

Her classes have included some of the same students for the past 25 years, and has found through her years of teaching, many benefits to yoga and practicing it.

"Anybody can do it- if you can breathe, do yoga," said Cameron.

Benefits of yoga include

keeping your body strong and flexible, and helps making your body more balanced, and it also helps you with your mind and emotions.

"By being present with your movement and your breath, it helps to center your mind, and it helps to calm it. When we get anxious and our minds create ideas that may or may not be true, yoga helps through conscious movement and conscious breathing, it helps to calm the mind," said Cameron.

When you are doing something like housework, gardening, or other activities, doing yoga helps to stretch out your muscles, and giving your body a break.

"I teach to what is needed. If someone comes in and

says their neck is hurting, we will do poses that loosen up the shoulders. And it isn't just physical- it could be that they are tired or stressed, or whatever they are feeling," said Cameron.

The classes are detailed and specified to the individuals in the class, tailored to what the people in the class need, physically or emotionally.

"Through conscious movement and breathing, which is what helps to calm the mind and to relax the body," said Cameron.

Cameron teaches adult classes, and you can find more information about what she teaches, and pricing on her website, www.lauriecameronstudio.com.

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your health

By Teri (Dreher) Frykenberg, RN
Guest Column

Don't slip on the ice! Here's how.

This is the bread-and-butter season for orthopedic practices. Why? Ice, ice baby!

According to the CDC, approximately 1 million people in the U.S. are injured each year from slipping and falling on ice and snow, and about 17,000 of them die, often due to traumatic brain injury.

As you might expect, older individuals are particularly susceptible to serious injuries from falls on ice. A broken hip in an elder might heal just fine, or it might lead to an extended hospital stay, long-term care and a shortened life. A broken wrist or arm may result in loss of mobility and function for months or even years.

So, orthopedists will tell you that the best way to approach this is to not fall in the first place, or if you do fall, to do it in such a way as to minimize your injuries.

Here are seven tips for staying up on your own two feet.

1. Practice situational awareness.

Assume that all wet, dark areas on pavements are slippery and icy because treacherous black ice is practically invisible. Walk in well-lit areas. If you run into a patch of possible iciness, step off the walk and into the snow, which will give you a better grip. Even if you're going a short distance, don't tell yourself, "It doesn't look that slippery to me." Be especially careful when stepping onto or off a curb.

Also, avoid texting or talking on the phone while you're potentially encountering a slippery surface.

2. Don't wear stupid shoes.

What I mean by that is that sneakers, shearlings, slides and Crocs aren't necessarily the best choices if you're going to encounter ice. Slipping creates momentum, and you want to be able to stop the momentum before you fall.

What to wear: Snow boots, obviously, with nonslip soles. Hiking shoes or boots with Vibram soles provide a better grip. If you're going to wear running shoes on snowy trails, invest in a pair of removable cleats or crampons.

You may see a recommendation to slip a pair of thick woolen socks over your shoes to provide more traction. That may work – but beware when you step onto a hard surface such as tile. It might be just as slippery as the ice.

3. Walk like a penguin.

If you've watched enough National Geographic specials, you've seen that penguins walk with their toes pointed slightly outward, take small steps and sort of waddle side to side to keep their center of gravity over their feet.

Smart birds.

When you're walking on a slippery surface, think penguin. Slow down. Point your feet outward and keep your weight slightly forward. If you're going to fall, forward is better than backward.

4. Keep your hands and arms free.

Your arms help you keep your balance, so you want to keep your arms and hands free. Keep your hands out of your pockets. Rather than carrying a pocketbook, use a backpack or cross-body bag.

5. Keep an eye on where your feet are going.

When you're all bundled up, it may be hard to look down at your feet. That, and your glasses or sunglasses may get fogged up. Before heading out, make sure you can see your feet and keep a tissue handy to wipe your glasses.

6. Clear snow and ice from sidewalks and driveways.

This seems like a no-brainer, but you don't want to fall just going to get the newspaper or the mail. Treat surfaces with pet-friendly substances, such as mulch, sand or specially treated ice melt that won't hurt Fido's paws.

7. Use ski poles or a hiking stick.

These give you more points of contact with the ground and may help you maintain your balance. They also require you to move your arms more, helping you burn more calories.

Even with all of these precautions, you may fall anyway. There are ways to fall that may help minimize or even avoid serious injury.

Foremost is not trying to stretch out your hands and wrists to catch yourself. Rather, try to land on your forearms if falling forward, and tuck in your chin to keep your head from hitting the ground. If you're falling backward, don't fight it. Try to land on the fleshy parts of your body, roll to the side and, again, tuck in your chin to protect your head. Assess how you're feeling before attempting to get up.

Those ice falls always happen when you least expect them, and usually hurt way more than anticipated. Take steps – penguin steps – to stay safe.

Teri (Dreher) Frykenberg, is a registered nurse and board certified patient advocate and founder of www.NurseAdvocateEntrepreneur.com, which trains medical professionals to become successful private patient advocates. Teri offers a free phone consultation to Turley Newspaper readers as well as to nurses interested in becoming advocates. Reach her at Teri@NurseAdvocateEntrepreneur.com

Opinion



LETTER TO THE EDITOR

Fear of the unknown

To the editor,

President Trump's attack on the identities of LGBTQ+ citizens is having a devastating effect on people of all ages in our community, and I am writing to offer support particularly for LGBTQ+ youth. I volunteer with the Trevor Project, a crisis hotline for LGBTQ+ youth. We have seen record-breaking increases in volume of services since Trump was elected, including a 700% increase observed across The Trevor Project's crisis lines on the day after the 2024 elections, and near daily surges of youth reaching out for help. These young people are paying attention, and learning from our nation's capital

how their lives are not valued.

Our South Hadley community unfortunately knows too well the tragic decades-long ripples of youth suicide. I was a member of the crisis response team that worked with the schools to support both youth and their educators and families after the tragic suicide that rocked our town. No one wants to go through that pain ever again.

I encourage all of us to work with our own children and our neighbors' children to encourage kindness and acceptance, so that youth of all identities will feel welcome here in our community. There is hope for those who are struggling. Please encourage youth who are in crisis to reach out

to The Trevor Project at thetrevorproject.org.

And most importantly, please consider the fear and unknowns our community is facing, and think about ways you can support kids in our town and schools to feel safe, welcome, and celebrated. This also means talking with our kids about the importance of respecting others' identities. South Hadley is full of caring, resilient people, and we need to use our collective strength and humanity to stick together and support our most vulnerable members.

Natasha Matos
South Hadley

Leave it to fate

I never thought I would say this, but I am out of ideas for this week's column.

Every topic I come up with has been covered at one time or another. So, as the snow falls every so furiously outside, I am going to resort to the "stick your finger in the gardening encyclopedia, and see where it lands" trick.

I'll leave the topics of the week to fate.

Here goes: For the first topic, my finger landed on a funny picture of geranium plants with their rootballs wrapped in newspaper hanging from the beams in someone's basement. I have written before about my success in bringing my geranium plants inside for the winter and placing them in a south facing window.

Just yesterday I was looking at the plants more closely, knowing that soon enough, I will be snipping the tips to take some cuttings. But I digress, the picture I saw is just another way to overwinter your geranium plants, especially if you don't have a sunny window or a lot of indoor gardening space.

Many old timers used to talk of this method a lot and had great success with it. You could either try and pot the plants up ahead of time or go right from the basement to the outdoors after the threat of frost has passed and after a thorough hardening off process, of course.

Second topic: My finger landed on the herb Lovage (*Levisticum officinale*). I have started lovage from seed nearly every year for the last 30 years.

This celery substitute is always on the list of transplants needed for the herb garden at Old Sturbridge Village. Lovage seed is not viable

for long, so new seed is needed each year, or germination will be sparse.

The plant is considered a perennial, meaning it will return year after year, but in my experience,



the best foliage production will be in the first year. The flowers are "umbells" like dill and fennel but flowers only take away from foliage production, so they are best snipped off.

The hollow stems are used in place of celery in soups and stews. My mom always enjoyed drying the leaves for use during the winter months.

Topic three: Hostas! I was never a big fan of Hostas until I had a yard that had substantial amounts of shade. These versatile plants are a perfect companion for many shade loving perennials, especially if they are planted in fertile soil with ample moisture.

Like other perennials, Hostas need a period of dormancy to succeed, so they will do well in our climate, and down to Zone 8 or so. Most varieties are grown for their foliage only; I find it funny that some gardeners snip off the flowers as they begin to form, saying that it actually takes away from the look of the plant.

There are so many types to choose from and in colors ranging from grass-green to yellow and

even blue-gray! Some are variegated or splashed with color.

Leaf sizes range from minuscule to huge! One pest that loves Hosta leaves is the slug. To lessen their interest in the plant, be sure to remove decomposing foliage.

Use any number of traps, homemade or otherwise to keep your plants damage free.

And the last fate-filled topic is: Chile peppers! There are all kinds of hot peppers out there for the gardener to experiment with. You might think that growing instructions may differ for fire-hot peppers, but they are grown in the same manner as regular bell peppers.

Start the seeds inside, or purchase transplants. Warm the soil ahead of installing the plants, and don't overdue it fertility-wise. Provide supplemental water if the summer gets droughty.

Harvest when the peppers turn color, and do so wearing gloves being ever mindful not to touch your eyes. I had always heard that a milk bath should help ease the sting of an accidental burn; others say ingesting starchy food does the trick.

Well, I hope this unconventional column was an enjoyable read. It's never too late to pull out a reference book or two for some interesting factoids.

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 33 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with "Gardening Question" in the subject line.

OPINION PAGE/ LETTERS POLICY

Letters to the Editor have a maximum of 350 words. We require writers to include their name, address and phone number in order for our office to authenticate authorship prior to publication. Addresses and phone numbers are not published.

Unsigned or anonymous letters will NOT be published.

We reserve the right to edit or withhold any submissions. Libelous, unsubstantiated allegations, personal attacks or defamation of character are not allowed. Deadline for submissions is Wednesday at noon.

Please email (preferred) letters to townreminder@turley.com. Mailed letters can be sent to Town Reminder, 24 Water Street, Palmer, MA 01069.

Turley Election Policy

This newspaper will print free self-submitted statements of candidacy only four weeks or more out from the election. All candidates running in both contested and uncontested races are asked to submit their statements to the editor to include only biographical and campaign platform details. Total word count for statements is limited to between 300-500 words maximum. Please include a photo. We will not publish any statements of candidacy inside the four weeks from election threshold. To publish any other campaign publicity during the race, please contact our advertising representatives. We also do not allow personal attacks against other candidates or political parties in statements of candidacy, nor do we publish for free any information about key endorsements or political fundraisers.

Letters to the editor of no more than 250 words from supporters endorsing specific candidates or discussing campaign issues are limited to three total per author during the election season. No election letters will appear in the final edition before the election. We reserve the right to edit all statements of candidacy and letters to the editor to meet our guidelines.

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Voice

YOUR VIEW!

What are your thoughts on issues in town? Voice your view!

Write to us in Letter to the Editor format and we'll print your opinion on our Op/Ed page.

Email it to townreminder@turley.com. Include your hometown and a phone number at which we can reach you for confirmation.

Events at SHPL

Adult Programs at SHPL

This winter, please remember that the South Hadley Public Library is one of the town's Warming Centers and people are welcome to use the library as a place to stay warm and safe during cold weather (or any weather!). Other Warming Centers include the Senior Center and both fire stations.

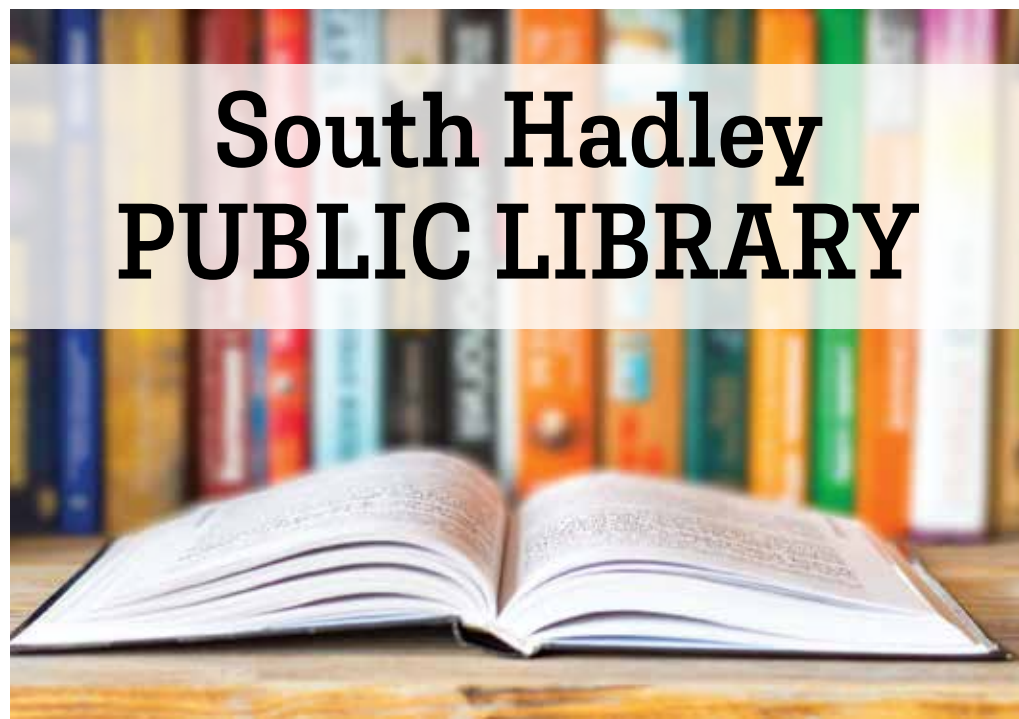
Adult Programs

The end of February will bring beautiful music. The chorus from the Cathedral of St. Michael the Archangel will present beautiful Gregorian Chants on Saturday, Feb. 22 at 11 a.m. Do you love the sounds of historical music of monasteries? Come listen to an amazing chorus of singers.

Children's Programs at SHPL

February is a triple threat: Black History Month, school vacation week, and Valentine's Day! We also welcome back Mr. Liam for Rhyme Time on Tuesday, Feb. 25 at 10:30 a.m., and introduce a new monthly baby lapsit program on Friday, Feb. 28 at 10 a.m.

School vacation week on Friday, Feb. 21 at 10 a.m., Buildwave will feature an hour of fun building challenges. (Registration required



for Buildwave; space is limited.) Finally, "Be Our Guest" for a special storytime with the MESMS cast members of Beauty & the Beast on Saturday, Feb. 22 at 10:30 am.

Kids programs

Drop in for any of our weekly programs: Lego & Games on Mondays and Wednesdays from 3 to 4:45 p.m., Pajama Storytime on Mondays at 6:30 p.m., Rhyme Time on Tuesdays at 10:30 a.m., STEAM Time on Tuesday afternoons 3:45 to 4:45 p.m., Story Time on Wednesdays at 10:30 a.m., and CFCE

Playgroup on Thursdays at 10:15 a.m.

Looking for a reading challenge, or need recommendations?

Join the Massachusetts Center for the Book Reading Challenge (Student Edition)

Read and vote for Massachusetts Children's Book Award (MCBA) nominees (for kids in grades 4-6) Request a Book Bundle, personalized based on your reading preferences

Questions, comments, suggestions? Email Jenny or call 413-538-5045.

Teen Programs at SHPL

This month in Teens we continue with Crafternoon, Snackternoon and Xbox1.

Snackternoon Thursday, Feb. 27 at 4 p.m. will feature a Hot Cocoa Bar. Thank you to the Friends of the South Hadley Public Library for sponsoring our Teen Snackternoon.

Our Teen Takeaways continue this month with Felt Fortune Cookies. Sign up once and get a new Takeaway every month. We end the month with our Teen Night Craft Tuesday, Feb. 25 at 6:30 p.m. where we will make Alcohol and Sharpie Painting.

YA Book Tasting Program

This month features our brand new Switch Monday, Feb. 24 at 3:30 p.m.. A new selection of games are available. Our Teen Book Club Booktroverts continues and this month features Love Radio by Ebony LaDelle. There is no in-person meet up. Enjoy the book on your own time. Copies are available in the Teen Room to check out.

Gaylord Memorial Library Programs

We also have Story Time every Friday at 10:30 a.m. with Miss Janet.

On Friday, Feb. 21 at 10:30 a.m. local author Dorca Fernández will be reading her book Daniel the Balloon Boy and teaching us how to breathe through our "big feelings."

Drop-In Crafts Thursday, Feb. 27 from 3 to 6 p.m. Families can join us on Saturday, Feb. 22 at 10:15 a.m. for a weekend edition of Lego Club.

You can make a Deluxe Sock Puppet with Eric Weiss of Homeslice Puppetry on Thursday, Feb. 27 at 5:30 p.m. You'll learn to create a character, shape the puppet's head and mouth, and give it a unique look. Sign up online, or stop by or call the Gaylord branch. (Ages 12+)

Local nonprofit offers \$1,000 scholarship

BELCHERTOWN/GRANBY – Local charitable organization Nick's Waves of Change is holding a special scholarship program of \$1,000 towards college for two students.

Nick's Waves of Change was created for Nicholas R. Boileau who passed away from acute myeloid leukemia in 2021, and in his memory, the organization strives to create "waves of change" throughout the community.

One student from Nick's alma mater, Belchertown High School, and one to another high school senior in Western Massachusetts that matches the qualifications will receive the scholarship.

The application can be found on their website, www.nickswavesofchange.org under the "Scholarship Opportunities" tab, as well as requirements for the grant award. Applications are due to be completed by April 17, 2025.



Granby Lions Club 'Groundhog Fuel Assistance Fund' open

GRANBY—Once again this winter heating season, the Granby Lions Club has established an Emergency Fuel Assistance Fund for Granby residents. This fund, titled the "Groundhog Fund," will enable residents of Granby to obtain needed assistance for fuel to help them through the next six weeks of winter.

The Lions Club Groundhog Fund is now open to helping residents until March 16.

Residents who would like to apply for needed assistance are asked to complete an application and these applications are available in the Senior Center/Council of Aging Office at 10 West State St. in Granby from 9 a.m. – 3 p.m. Monday through Friday.

The Granby Lions Club appreciates the continuing support that the community of Granby gives to their projects and activities.

Selectboard reviews a new committee request

By Emily-Rose Pappas
Staff Writer
epappas@turlley.com

GRANBY – The Selectboard held several appointments with members of the public, as well as reviewing various licenses and working on a new committee for the Junior/Senior High School regionalization.

The February 10 meeting was held by Chair Crystal Dufresne, Clerk David A. Labonte, and member Glen N. Sexton, as well as Assistant Town Administrator Cathy Leonard, and Selectboard Clerk, Dayle Clark.

A new committee for the Junior/Senior High School

Leonard shared a letter regarding the finance committee and their report at the town meeting and has "recommended the town create a committee to look at the future of the Granby Junior Senior High School," said Leonard.

"We understand that the school department sent a statement of interest to the Massachusetts School Building Authority sometime in early 2024," said Leonard, reading a letter from Deb and John Matthew, who are expressing interest to be a part of this committee.

John Matthew was present

at the meeting, and came forward to speak at the meeting, sharing, "I think it's very important." He shared with the board the importance of starting this committee and had a conversation with the Selectboard on how to make it possible.

The board discussed the ideas of regionalization, and the processes and other factors that still need to be discussed with the Superintendent and School Committee would need to work with together to discuss.

In response to the idea of regionalization, it is something that they have considered, "but it is a town issue,"

Dufresne said, emphasizing the importance of making sure the people in the towns have a say.

"When other towns are approached, the conversations with these towns should highlight the pros and cons," said Matthew. "A committee would have the time

Dufresne said that forming the committee would require some more time, in order to come up with the committee name, and then figure out the charge of the committee.

"I think it's a great idea," said Dufresne.

Please see **GRANBY SELECTBOARD**, page 9

Read to a dog at the Granby Library

GRANBY— Looking for a fun way to practice your reading skills? Want to snuggle a dog while reading to him? Sign up for a time slot to read to Gwen the Greyhound. She is a perfect listener as you work on your reading skills or as you practice reading out loud. Bring a book from home or pick one at the library before your time slot. Gwen loves every book.

Upcoming dates are:

Thursdays between 3:30 to 5 p.m. March 6 and 20, April 3 and 17

Visit the library or call to reserve your 20-minute slot.

Granby Library hours: T,W,F 10:30 a.m. to 5:30 p.m., Thurs. 10:30 a.m. to 7 p.m., and Sat. 10:30 a.m. to 1:30 p.m. Telephone 413-467-3320

Visit granbylibrary.com and Granby Library Children's Room Page on Facebook.

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Corned Beef Sandwiches & Chicken Salad Sandwiches

Friday, Feb 28th 5-7 pm
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Cara Dean makes her way down the court.

CC Gurek sends a shot away.



Caitlin Dean looks for a close-range shot.



SOUTH HADLEY – The South Hadley High School girls basketball team is the defending Western Massachusetts Class B champions. Last week, the Tigers started the road to another sectional title with a convincing win over Hampshire Regional 64-39 in the quarterfinals of this year’s tournament. Kate Phillips and Cara Dean had 14 points to lead the team while CC Gurek had 12 points. The Tigers were set to place SICS in the semifinals.

Ava Asselin goes after a loose ball.

Turley photos by David Henry www.sweetdogphotos.com

Tigers seek championship repeat



Turley photos by David Henry www.sweetdogphotos.com
Brenna Moreno fights to shoot.



Girls basketball closes out season with win

GRANBY – Last Tuesday night, the Granby High School girls basketball team clinched a state tournament spot with a win against Ludlow 52-34. Brenna Moreno led the Rams with 18 points while Kalli White scored 16 points. Granby was 9-9 and was scheduled to face McCann Tech in the opening of the Western Mass. Class D Tournament. The state tournament will begin play next week.

Autumn Sicard decides whether or not to pass.



RIGHT: Eleanor Szlosek goes for the layup.

Kalli White follows through on the layup.

Rams stay perfect at home

By Tim Peterson
Sports Correspondent

GRANBY—With a couple of former players watching from the bleachers, the current members of the Granby boys’ basketball team managed to stay undefeated at home this season.

Led by senior Gavier Fernandez Jr., the Rams improved to a perfect 8-0 at Sullivan Gymnasium this winter following a hard fought 52-44 non-league victory over rival South Hadley, last Monday night (Feb.10).

“My guys always get very excited whenever we face South Hadley. This is a very big home win for us,” said Granby head coach Dylan Dubuc. “We also always have a lot of support from our fans whenever we play here.”

Fernandez, who was in foul trouble almost the entire game, scored 16 of his game-high 20 points against the Tigers during the first half. Senior Riley Goodhind scored eight of his 10 points for the home team after halftime.

The last opponent to walk into Sullivan Gymnasium and



Timothy Loughrey fights for the rebound.



Jackson Driver attempts a three-pointer.

beat the Rams was the Ware Indians, who posted a 55-49 victory on January 8, 2024.

Last Monday’s contest was also the first time that the Rams defeated the Tigers on the hardwood since they celebrated a 63-53 victory at South Hadley High School on February 17, 2022.

Dubuc graduated from South Hadley High School twenty years ago. He was a captain of the Tigers boys’ basketball team as a junior and senior. He also played tennis in high school.

Dubuc’s father, Paul, is the longtime South Hadley girls’ varsity basketball coach.

Chris Gerber is the Tigers boys’ varsity basketball coach.

“Chris is one of my men-



Sawyer Clark looks to pass under pressure.

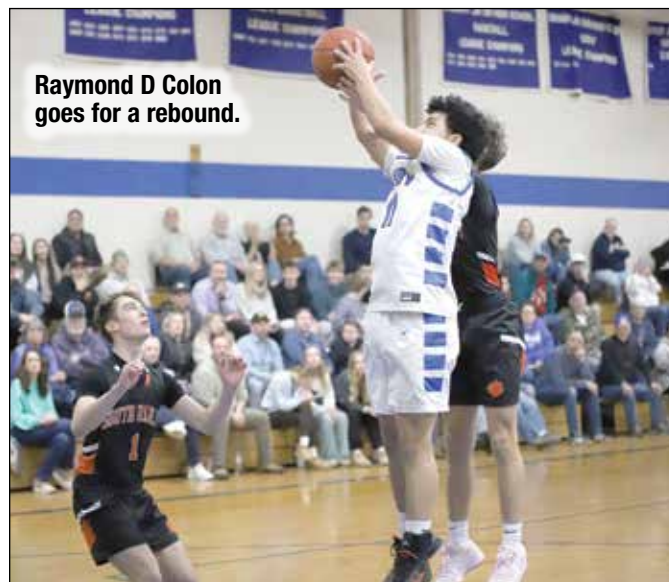
tors and he’s an unbelievable basketball coach,” Dylan Dubuc said. “He’s someone that pushed me to become both a teacher and a coach when I was younger. It’s always a lot of fun competing against his teams.”

Gerber also has a tremendous amount of respect for Dubuc.

“Dylan is one of the best basketball coaches in Western Mass.,” Gerber said. “His team is very good this year. I’m hoping that they win the Western Mass. Class C title. My team just didn’t play very well in tonight’s game.”

The two head coaches weren’t very thrilled with how the game was officiated by the two referees, who called a to-

Please see **RAMS**, page 7



Raymond D Colon goes for a rebound.

T-Birds suffer one-goal loss to Rockford

ROCKFORD, Ill. — The Springfield Thunderbirds (23-19-2-3) suffered a second straight gut-wrenching loss in the closing moments, falling 4-3 to the Rockford IceHogs (19-22-5-1) on Saturday night inside the BMO Center.

Things got off to a rocky start for the T-Birds, who fell behind 1-0 just 64 seconds into the game after a misplayed puck wound up on the tape of Joey Anderson inside the right-wing circle. Anderson made no mistake in snapping it through Colten Ellis on the stick side, giving Rockford the 1-0 advantage.

Ellis solidified things over the next 15 minutes, turning away the next nine IceHogs attempts while the T-Birds struggled to find offense. Finally, a pair of Rockford penalties afforded Springfield a 4-on-3 power play, and Matt Luff unleashed a perfect wrist shot that squeaked past Ben

Gaudreau's blocker to tie the game, 1-1, at 18:17.

Springfield's momentum would not last long, though, and just 32 seconds later, Brett Seney picked off a loose puck in the high slot and quickly wristed a try under the crossbar to restore the IceHogs lead, 2-1, heading into the intermission.

Anderson's hot hand carried over into the early stages of the second, as he found a gap through the five-hole of Ellis to make it a 3-1 score at 5:19 of the middle stanza.

Through the opening 30 minutes of play, the T-Birds had managed just six shots on goal. However, the visitors clawed their way back, beginning with Illinois native Hugh McGing tucking home a rebound outside the blue paint at 12:55 to cut the Rockford lead to 3-2.

Dylan Peterson thought he had brought the T-Birds back even when he shuffled a loose puck across the goal

line just over a minute later, but the call was changed to no-goal after the referees congregated. Nevertheless, Springfield pressed on, and on the next shift, Matthew Peca punched home a rebound off an Alek Kaskimaki shot, and the game was deadlocked at the 14:56 mark of the second.

Ellis and Gaudreau did their part to lock things down from that point, as the two netminders kept the score locked in the 3-3 stalemate into the game's final minutes. Unfortunately for Springfield, they succumbed to a late game-winner for a second straight game when Andreas Athanasiou broke up the ice in a 2-on-1 with Anderson and tucked a backhand around Ellis to win it for Rockford with just 1:59 left in the third. Ellis suffered only his second loss in his last 11 starts, and the Springfield goalie also saw his five-game win streak get snapped in the process.

Railers take care of Americans

ALLEN, TX — The Worcester Railers HC (23-20-2-4 52pts) beat the Allen Americans (13-27-7-2, 35pts), on Sunday afternoon by a final score of 3-1 in front of a crowd of 3,144 at the Credit Union of Texas Event Center. The Railers are back on the ice next at the North Charleston Coliseum taking on the South Carolina Stingrays on Wednesday, February 16th at 10:30 a.m. EST.

Worcester got the scoring started as they tacked on the first three goals of the game in the first period. The first came from Jordan Kaplan (1-0-1), followed by Tyler Kobryn (1-0-1) and it was Lincoln Hatten (1-0-1) who finished off the first period trifecta. Brayden Watts (1-0-1) scored the first goal for Allen on the power play 11:35 into the second period making it 3-1. Neither team would net one in the third period leading us to the 3-1 Worcester win.

For the second time in the weekend series the Railers jumped out to a 3-0 first period lead. Jordan Kaplan (16th) started the scoring party 11:21 into

the first period. Tyler Kobryn (4th) followed up Kaplan 15:06 into the first, and it was Lincoln Hatten (5th) who scored the third Worcester goal in the period giving them a commanding 3-0 lead heading into the second. Shots favored Worcester 16-4 in the first period.

Allen had three power play opportunities in the second period, it was not until the third power play that they grabbed their first goal of the night. It was Brayden Watts (17th) who cut the Railers lead to two. Watts had the only goal of the period, giving Worcester a 3-1 lead heading into the third period. Shots favored Allen 17-10 in the second period.

Despite a 5-on-3 power play chance for Worcester as well as an Allen power play chance neither team was able to cash in on their respective opportunities. The scoreless period led to a 3-1 final, with Worcester walking away with the series sweep over the Allen Americans. Allen outshot Worcester 16-8 in the third, and 37-34 in the game.

HoopHall announces award winners

SPRINGFIELD — The Naismith Basketball Hall of Fame announced the recipients of the 2025 Curt Gowdy Media Award and John Bunn Lifetime Achievement Award at NBA All-Star Weekend.

Legendary Detroit Pistons play-by-play announcer George Blaha, renowned CBS analyst Clark Kellogg, veteran women's basketball writer Michelle Smith, and influential NBA journalist Adrian Wojnarowski are the 2025 Curt Gowdy Media Award recipients. Boston Celtics long-time Vice President of Media and Alumni Relations Jeff Twiss is the recipient of the 2025 John W. Bunn Lifetime Achievement Award.

The Curt Gowdy Media Award is named in honor of the late Curt Gowdy, a legendary sports broadcaster and former Hall of Fame Board member and President. This prestigious award is presented to members of the print, electronic, and transformative media whose efforts have made a significant contribution to the game of basketball.

The Bunn Lifetime Achievement Award was instituted by the Basketball Hall of Fame's Board of Trustees in 1973 and is the most prestigious award presented by the Hall of Fame outside of Enshrinement. Named in honor of Hall of Famer John W. Bunn (Class of 1964), the first chairman of the Basketball Hall of Fame Committee who served from 1949-64, the award honors coaches, players, and contributors whose outstanding accomplishments have impacted the high school, college, professional, and/or the international game.

Blaha, Kellogg, Smith, Wojnarowski, and Twiss will be recognized for their contributions to basketball during the Naismith Basketball Hall of Fame Enshrinement Weekend on September 5-6. For further details, including ticket information, visit hoophall.com/events/enshrinement-2025.

RAMS from page 6

tal of 36 personal fouls.

Fernandez scored nine of his points during the first quarter, which helped the Rams build a 16-11 lead.

With 3:30 remaining in the first half, South Hadley sophomore Noah Hambley (12 points) capped off a 12-2 run by sinking a 3-pointer from the top of the key, which gave the Tigers a 23-21 lead.

South Hadley's leading scorer in the road game was senior Jack Loughrey with 19 points.



Noah Hambley sends a quick pass toward the corner.

The Tigers only other scorers against the Rams were sophomores Tim Loughrey (11 points), and Chase Pecia (2 points).

The Rams quickly retook the lead following back-to-back lay-ups from junior Raymond D. Colon (8 points) and Fernandez.

Granby held a slim 26-25 advantage at halftime.

During the first five minutes of the third quarter, South Hadley put together a 10-0 run giving them a 36-28 advantage. Jack Loughrey scored half of his team points during that stretch.

With five minutes remaining in regulation, South Hadley held a 42-40 lead.

After Granby tied the score for the final time, Colon buried a 3-pointer from the right side.

"The 3-pointer by Ray in the fourth quarter was probably the biggest shot that he's made in the two years he's been playing for the varsity team," Dubuc said. "That was the difference maker for us."

A reverse lay-up by Jack Loughrey did cut the Tigers deficit to one point before the Rams scored the final seven points of the game.

Granby, who closed out the regular season with a 64-53 home win against Hopkins Academy two nights later, en-



Cody Breault goes for the three-point shot.

tered the Western Mass. Class C Tournament with a 14-4 overall record.

The top-seeded Rams didn't have very much trouble dispatching eighth-seeded Hampden Charter, 97-66, in a quarterfinal home game, last Friday night. They were scheduled to host fourth-seeded Mahar Regional in the semifinals on Tuesday night.

South Hadley also finished

the regular season with a 14-4 overall record. They got back into the win column with an 80-45 home win against Hoosac Valley, last Wednesday night.

South Hadley senior Jack Loughrey, who had a team-high 19 points in the loss at Granby, scored his 1,000th



Jack Loughrey sends a free-throw away.

career points against Hoosac Valley.

The third-seeded Tigers also squeaked out a 68-64 home victory versus sixth-seeded Greenfield in the Western Mass. Class B quarterfinals, last Friday night.



Riley Goodhind looks to head up the court.



Gavier Fernandez makes his way up the court.

Team Mass Boys & Girls AAU Basketball Tryouts

Cost: \$30 Covers both tryouts (players get t-shirt)
AAU card **\$25** (purchase on our website, we'll pull them)

Tryout # 1: February 22, 2025
Location: Tantasqua Jr High School (320 Brookfield Road, Fiskdale, MA)

- Boys Grades 4th-6th 8:30 a.m. - 9:40 a.m.
- Boys Grades 7th & 8th 9:45 a.m. - 10:55 a.m.
- Boys Grades 9th-12th 11 a.m. - 12:10 p.m.
- Girls Grades 4th-6th 12:15 p.m. - 1:25 p.m.
- Girls Grades 7th-8th 1:30 p.m. - 2:40 p.m.
- Girls Grades 9th-12th 2:45 p.m. - 4 p.m.

Tryout # 2: March 1, 2025
Location: Oxford High School (100 Carbuncle Drive, Oxford, MA)

- Boys Grades & Girls Grades 4th-6th (9 a.m. - 10:25 a.m.)
- Boys & Girls Grades 7th & 8th (10:30 a.m. - 11:55 a.m.)
- Boys and Girls Grades 9th-12th (12 p.m. - 1:30 p.m.)

Pre Register/pay on website: teammassbasketball.com
 Questions Email: teammassbasketball@gmail.com or call **413-539-1548**
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Looking for several reliable seasonal employees. For application and more information please visit www.wilbraham-ma.gov. Application deadline 3/21/2025. EOE

Worthington Police Department Full-time Police Officer

The Worthington Police Department is seeking qualified candidates for **Full-time Police Officer**. Applicants must be a minimum of 21 years of age or older, a U.S. Citizen and possess a valid driver's license. They should also have a high school diploma/GED, license to carry and be certified by Massachusetts Municipal Police Training Committee and be POST certified.

This is a benefited position with a salary range of: \$52,000.00 - \$75,733.00. The successful candidate shall be highly motivated, self-disciplined, possess a community policing philosophy and live in or near Worthington. This position has the potential to be elevated to Police Chief.

Send letter of interest, resume and three references with relevant contact information to:
Worthington Police Department P.O. Box 247 Worthington, MA 01098
Or via email to: **sboard@worthington-ma.us**
Subject line: Employment

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GRANBY SELECTBOARD

from page 5

Library Trustee appointment to be revisited

The Selectboard met with the Library Trustees in order to help appoint an unexpired term for a vacant trustee member seat.

The trustees came to the Selectboard with a member in mind, but because of late dates and postings for advertisement for the seat, there was a bump in the process of electing a new member for the seat.

Dufresne, after consulting with town council, did not feel comfortable appointing the members the trustees brought forward.

“This is supposed to be collaborative,” said Dufresne. The board moved to schedule the trustees at the next meeting so that all three of the individuals applying for the seat can be heard.

Charter Day Committee

Randy David, a representative from the Charter Day Committee came forward to request from the Selectboard permission for selling bottled water at Charter Day for \$2 a bottle.

The bottles would be sold at two different spots for the day and worked out some contact specifics with reaching out to food vendors.

The board also reminded him they would need to meet with Board of Health regarding hook ups for the event to ensure the water wouldn't be polluted.

They discussed other drink options, including hooking up to the water supply, but they also discussed the idea of having bartenders come to serve alcohol, the only setback being beer and wine licenses and huge liabilities that could be detrimental to the town.

They also discussed the ideas of creating parking passes for the day, and other items to figure out how to make money to feed back into the Charter Day Committee for the years to come.

Town of Granby Clerk reminders

GRANBY— Census information: A note of thanks to all the residents who responded to the 2025 Annual Town Census.

Second notices will be mailed out to those who have not responded starting in February. If you have not mailed in your census please do so, and if you did not receive a census form, please call the town clerk's office.

A reminder to all registered voters, General Laws of Massachusetts mandate that failure to respond to this mailing shall result in the removal from the Active voting list and may result in removal from the voter registration rolls.

Please take the time to answer this important mail, your cooperation is appreciated.

Dog Licenses: Don't Forget to License Your Dog (Bylaws of the Town of Granby CH XIV).

The cost is \$6 for spayed, neutered, Senior dogs (over 10 years), and puppies, all others are \$15. To avoid a \$25 late charge fee dogs should be licensed by May 1st.

To license your dog by mail please include a copy of the rabies vaccination or call the clerks office for verification, a self-addressed envelope with Two Stamps, a check made payable to the Town of Granby, and mail to Town Clerk, 215 B West State Street Granby, MA

To Note: For those residents who licensed their dogs through the Annual Town Census this mailing is still being processed, if you have not received your tag, you should receive it no later than March 31.

Nomination papers available

Any person interested in seeking elected office in Granby must take out nomination papers from the Town Clerk no later than March 27 to be placed on the May 19 ballot. Papers will be available for issuance starting on Jan. 27.

Candidates must collect signatures of 40 or more registered voters and return the nomination papers to the Town Clerk's office by Monday, March 31, 2025.

Office vacancies for town election, May 19, 2025

- Select Board: One for Three Years
- Board of Assessors: One for Three Years
- Board of Health: One for Three Years
- Town Clerk: One for Three Years
- Planning Board : One for Five Years
- School Committee: One for Three Years
- School Committee - Unexpired Term: One for Two Years
- School Committee - Unexpired Term: One for One Year
- Commissioner of Burial Grounds - One for Three Years
- Library Trustees: Three for Three Years

Town Hall public hours are Monday-Thurs, 9 a.m. to 3 p.m. and Fridays 9 a.m. to noon.

The Town Clerks office is located at 215 B West State St, If you have any questions please call Kathy Kelly-Regan at 467-7178.

Friends offer scholarship program

GRANBY – The Friends of the Granby Free Public Library is hosting a special scholarship program for high school students that are making their way towards higher education.

The awards are given to students who have demonstrated academic achievement and community service through volunteer work at the library, and eligible students are required to be high school seniors graduating this spring and wither reside in Granby or attend the Granby Schools.

The minimum GPA required for consideration is a 2.5, and the student's community service record must also be included, with a minimum of 45 logged library volunteer hours completed during per each junior and senior year.

Students must submit their scholarship application and essay, which can be found on the library's website, www.granbylibrary.com, and must be submitted by the deadline of May 1, 2025.

Notices

Public Hearing on School Department FY26 Budget

In accordance with Massachusetts General Laws, Chapter 71, Section 38N, the South Hadley School Committee will hold a hybrid Public Hearing regarding the School Department FY26 Budget:

Tuesday, March 11, 2025 6:00pm

Join in person at the South Hadley Council on Aging, 45 Dayton St
Join via zoom

Meeting ID 889 4615 5095
Passcode 542489

A copy of the proposed budget is available for public viewing beginning on March 05, 2025, at the Office of the Superintendent. Public comment is invited at the hearing or in writing to the School Department, 116 Main St, South Hadley, MA 01075. Notice also on www.masspublic-notices.org 02/21/2025

TOWN OF SOUTH HADLEY NOTICE OF PUBLIC HEARING

The Conservation Commission will hold a public hearing pursuant to the Wetlands Protection Act and the Local Wetlands Bylaw to consider a request for a five-year Order of Conditions filed by SWCA Environmental Consultants on behalf of The Mill at Stoney Brook for a Comprehensive Operations and Maintenance Plan. The proposed activities in the O&M Plan will have minor or temporary impacts to jurisdictional resource areas. Property is located at 124 College St (Map 41, Parcel 39).

The hearing will be held on **Wednesday, March 5 at 6pm virtually**. Login information will be provided with the posted agenda on the Town website.

A copy of the request is on file in the Conservation Commission office, Room U6, in the Town Hall, and is available to the public for inspection between the hours of 8:30 AM to 4:00 PM Mon - Fri. Plans are also available online at www.southhadley.org/603/Project-Plans.

Any person interested or wishing to be heard should appear at the time and place designated.

April Doroski
Conservation Chair

02/21/2025

Sale Of Motor Vehicles Under G.L.C.255 Sec. 39A

Notice is hereby given by Hampshire Towing, 650 New Ludlow Rd., South Hadley, MA 01075, pursuant to the provisions of G.L. C. 255, Section 39A, that a SEALED BID auction with bids end at **8 a.m. on Wednesday, March 12, 2025**. Vehicles will be available for viewing BY APPOINTMENT ONLY by calling 413-534-5373.

The following motor vehicles will be sold to satisfy our garage keeper's lien thereon for storage, towing charges, care and expenses of notices and sale of said vehicles:

2003 Mazda Protégé
JM1BJ225430125002
Jose Batista
277 Main St., Apt 1
Springfield MA 01151

2009 Honda Civic
2HGFG12689H513911
Amanda Beaton
31 Colton Ave
W. Springfield MA 01089

2008 Ford F-150
1FTRX14W18FA66072
Vincent Porfirio
32 Chestnut St., Rm 4
Ludlow MA 01056

1993 Dodge Dakota
1B7GG23X7PS195155
Carlos Colon
202 Beech St
Holyoke MA 01040

2006 Nissan Sentra
3N1AB51A86L629961
Mark Simmert
527 Ocean Ave
New London CT 06320

2002 Chrysler Sebring
1C3EL46X32N290950
Violet Vance
51 Standish St
Worcester MA 01604

2005 Honda Civic
2HGES16355H536440
Cali Brennan
34 Beacon Ave., Fl 3

Holyoke MA 01040
2006 Ford F-150
1FTRX14W06FA29270
William Phoenix
499 Hadley Rd
Sunderland MA 01375

2005 Nissan Altima
1N4AL11E75C370000
Patrick Troughton
17 Joyce Anne Dr
Manville RI 02838

2005 Audi allroad
WA1YD64B15N023152
Jose Ferreira
37 Howard St., Apt 1
Chicopee MA 01013

2004 Honda Civic
2HGES16504H539696
Olga Rios
109 School St., Apt 6
Springfield MA 01105

2003 Honda Civic
2HGES16533H504407
Alexis Zurc
PO Box 51506
Indian Orchard MA 01151

1999 Chevrolet Tahoe
1GNEK13R5XJ431638
Marco Cazarin
300 Walnut St., Apt 604
Holyoke MA 01040

2007 Jeep Grand Cherokee
1J8GR48K07C666343
Anand Rangasawmy
25 Dawson St
Springfield MA 01108

2007 Buick LaCrosse
2G4WDS82271243305
Luis Rivera
522 W. Shaft Rd., Apt 28
N. Adams MA 01247

2006 Honda Accord
1HGCM72686A008816
Dymphana Jeffers
221 Bay St., Apt 202
Springfield MA 01109

2002 Honda CR-V
JHLRD78882C062684
Allie Winiarski
127 Silver St., Apt 1
Agawam MA 01001

2008 Mazda Mazda3
JM1BK32G481122431
Limaris Santiago
17 Highland Ave., Apt F7
W. Springfield MA 01089

2017 Ford Fusion
3FA6P0VP2HR281134
Paul Rondeau

329 Eagle St
N. Adams MA 01247
2005 Honda Elite 80 Base
3H1HF030X5D001167
Owner Unknown

2010 Toyota Camry
4T1BF3EK2AU016967
Maurice Jason
83 Craft Rd
Centereach NY 11720

2006 Subaru Outback
4S4BP61C367315001
Anibal Rivera
582 Pleasant St., Apt 1J
Holyoke MA 01040

2001 Jeep Grand Cherokee
1J4GW48S21C560882
Wilma Albelo Arce
120 Applewood Dr
Chicopee MA 01022

2010 Acura TSX
JH4CU2F63AC012909
Neftali Ramirez
323 Main St., 2nd Fl
Indian Orchard MA 01151

1997 Pontiac Firebird
2G2FS22K5V2218668
Daniel Seddon
87 Sullivan St
North Adams MA 01247

2005 Nissan Altima
1N4AL11D85C199555
Norma Serrano
751 Belmont Ave, Apt 1
Springfield MA 01108

2011 Toyota Camry
4T4BF3EK5BR157393
Jacob Brumley
175 Theroux Dr., Apt 13B
Chicopee MA 01020

2010 Acura TL
19UUA8F24AA017256
Lesley Rechelle Ridley
PO Box 1649
Newport NC 28570

2007 Toyota RAV4
JTMBD33VX76034766
Brittany Rancourt
41 Prospect St
N. Adams MA 01247

2013 Ford Edge
2FMDK3JC4DBB54846
Vivian Macon
241 Oak Grove Ave
Springfield MA 01109

2016 Freightliner Cascadia
1FUJGLD57GLHB7390
Picasso Logistics Group Llc
94 Dubois St

Springfield MA 01151
2016 Freightliner Cascadia
1FUJGLD5XGLHB7383
Picasso Logistics Group Llc
94 Dubois St
Springfield MA 01151

2015 Freightliner Cascadia
1FUJGLD55FLGD7374
Picasso Logistics Group Llc
94 Dubois St
Springfield MA 01151

2003 Toyota Camry Solara
2T1FF28P03C605281
Shana Perez
28 Finch Dr
Chicopee MA 01020

1998 Triumph Daytona T595
SMT502FK7WJ055642
Steven Michalewicz
238 Hillside Ave
Holyoke MA 01040

2009 Volkswagen Jetta
3VWRZ71K49M133888
Michael Lombardi
40 Lincoln St
Chicopee MA 01020

2016 Toyota Tacoma
5TFXS5EN3GX040547
Kara Barnes
322 Montgomery Rd
Westfield MA 01085

2009 Chevrolet HHR
3GNCA13B39S628905
Rosa Sanchez
175 Maple St., Apt 1R
Springfield MA 01105

2006 Jeep Grand Cherokee
1J4HR48N86C182497
Joel Kappenman
28 Green Way
Springfield MA 01118

2008 Honda Accord
1HGC26758A039425
Kimberly Henderson
463 Appleton St., Apt 25
Holyoke MA 01040

Moped
L37MMJBV3LZ030136
James Martin
350 West Street
Ludlow MA 01056

2008 Honda Civic
2HGFA16518H311977
Noel Martinez
627 Chestnut St., Apt 1
Springfield MA 01107

2000 GMC C7500
1GDJ7H1B9YJ505177
Bianco Landscaping Nominee

Trust
1120 Churchill St
Pittsfield MA 01201

2007 Chevrolet Silverado
2500HD
1GCHK23K37F552153
All Railroad Services Corp
44 Fink Dr
Ottsville PA 18942

2006 Chevrolet C5500
1GBE5C1246F422744
Nyne Equipment Llc
1235 Route 9
Castleton NY 12033

2015 Freightliner M2 106
1FVACWU0FHGK1431
All Railroad Services Corp
44 Fink Dr
Ottsville PA 18942

2015 Ford F-750 Super Duty
3FRNF7FB6FV643588
All Railroad Services Corp
44 Fink Dr
Ottsville PA 18942

2016 Freightliner M2 106
1FVACWU0GHGZ3859
All Reliable Services Inc
159 Hampton Point Dr., Ste 3
Saint Augustine FL 32092

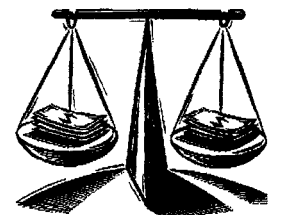
2003 Nissan Pathfinder
JN8DR09Y43W836660
Noah Mccoy
159 Pearl St
Holyoke MA 01040

2005 Ford F-750 Super Duty
3FRXF75N25V125237
All Reliable Services Inc
159 Hampton Point Dr., Ste 3
Saint Augustine FL 32092

2018 Freightliner M2 106
1FVACXFC9JHJR7148
Global Energy Services Inc.
707 Sable Oaks Dr., Ste 150
South Portland ME 04106

2018 Audi Q5
WA1BNAFY0J2144399
Mariah Miles
554 W Wolcott Ave
Windsor CT 06095

02/21, 02/28, 03/07/2025



Town Reminder
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- 3 Find a quick link to the state of Massachusetts' public notice web site to search all notices in Massachusetts newspapers.

Public notice deadlines are Friday at 3 p.m.

visit www.publicnotices.turley.com

COLLEGE NEWS

Salve Regina University's fall 2024 Dean's List

NEWPORT, RI—Michael Arabik of Granby was named to the Dean's List during the Fall 2024 academic semester at Salve Regina University. To qualify for the Dean's List, students must earn a semester grade point average of 3.6 for full-time students completing at least 12 graded credits, or a semester grade point average of 3.8 for part-time students completing at least six credits.

Seton Hall University announces fall 2024 Dean's List

SOUTH ORANGE, NJ—Seton Hall University is pleased to announce Farrell Dawson of South Hadley, MA has qualified for the Fall 2024 Dean's List.

After the close of every semester, undergraduate students completing all courses with a GPA of 3.4, with no grades lower than "C", qualify for the Dean's List.

Siena College Dean's List for fall 2024 Semester

LOUDONVILLE, NY—Lauren Marjanski has been named to the Siena College Dean's List for the Fall 2024 semester. Lauren is from South Hadley, MA.

To be named to the Dean's List, a student's grade point average for the semester must be between 3.5 and 3.89.

Holyoke Community College scholarship season opens

HOLYOKE —The Holyoke Community College Foundation will begin accepting scholarship applications for the 2025-2026 academic year on Tuesday, Jan. 21. The application deadline is Friday, March 14.

Last year, the HCC Foundation awarded 388 scholarships worth about \$350,000 to 323 incoming, current, and transferring HCC students. Some students received multiple scholarship awards. The average scholarship award is typically around \$900.

"Awarding scholarships to deserving students has been a cornerstone of the work of the HCC Foundation since its founding," said Amanda Sbriscia, vice president of Institutional Advancement and executive director of the HCC Foundation. "Scholarships es-

tablished by donors celebrate academic achievement, community service, and civic engagement, and, most importantly, these funds ensure hundreds of students have the resources they need to complete their college degrees."

Students must be currently enrolled at HCC or have been accepted for the upcoming academic year to be eligible for scholarships.

"While the recent launch of MassEducate, the state's free-community-college-for-all program, has made HCC accessible to more individuals, that only means we have a greater responsibility to ensure students make it to the finish line," Sbriscia said. "Tuition and fees represent only a portion of the cost of being a college student today, and, oftentimes, a donor

scholarship can truly change a student's life."

Applicants need only to fill out a single online form to be automatically matched with the scholarships they are most qualified to receive. There are scholarships for new students, current students and students transferring to other institutions, scholarships based on financial need, scholarships for students in specific majors, scholarships for residents of certain communities, and scholarships that recognize academic achievement.

To view scholarship opportunities and begin the application process, please go to www.hcc.edu/scholarships.

Last January, HCC opened a dedicated Scholarship Resource Center to help current and incoming students navigate the process of applying for scholar-

ships and filling out the FAFSA (Free Application for Federal Student Aid). The office, located on the first floor of the Donahue Building (Room 158) is open Monday through Friday, 9 a.m. to 5 p.m.

The HCC Foundation is a 501(c)(3) that works to advance the college's mission, vision, and values. Founded in 1968 as the Friends of Holyoke Community College, in response to a devastating fire that forced the college to rebuild on a new campus, the Foundation now manages assets of more than \$20 million, the largest community college foundation endowment in Massachusetts.

Questions should be directed to the HCC Foundation office at 413-552-2182, or by email to scholarships@hcc.edu.

\$310,000 available in Scholarship and Fellowship Awards

Application deadline March 15

WESTFIELD - The Horace Smith Fund, celebrating its 125th anniversary, will be awarding \$310,000 in scholarships and fellowships to residents of Hampden County, who have also graduated from an eligible high school or private school. This year 20 scholarships, three fellowships and one William R. Rooney Award for

students with special needs will be presented to recipients at the June 19 Awards Night ceremony at Storowton Carriage House in West Springfield.

Scholarships are offered not only to graduating high school seniors but also to students already in college or those wishing to return to college. Scholarships of \$12,000 are distributed as \$3,000 annually and renewable each year until graduation. Fellowship awards of \$15,000 are distributed as \$7,500 annu-

ally and renewable for one additional year to students pursuing a full-time graduate degree. Students must maintain at least a B average to renew.

Recipients are selected on a variety of criteria, including academic records, merit and financial need. Of great importance is a personal written account of why the student feels deserving of financial assistance. Applicants must submit their transcripts and, if applicable, college entrance exam scores or

graduate degree specific tests, and three letters of recommendation.

Completed applications must be received either electronically or be mailed to The Horace Smith Fund at 16 Union Avenue, Suite 2K, Westfield, MA 01085 no later than March 15, 2025. Applications are available at local high school guidance offices, college financial aid offices, and on-line at www.HoraceSmithFund.org or by phoning (413) 739-4222.



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