

# TOWN Reminder

FREE  
October 20, 2023  
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## Resident becomes first to swim length of the Connecticut River

*Kari Kastango swam the entire 410-mile river*

SOUTH HADLEY – Resident Kari Kastango has recently become the first person to swim the entire length of the Connecticut River.

The Connecticut River Conservancy (CRC) has announced that Board of Trustees member and South Hadley resident Kastango recently completed a swim of the 410-mile river, with the final stretch of the swim having taken place on Oct. 15 at the mouth of the Connecticut River in Old Lyme, Conn.

Spectators gathered to watch and cheer on Kastango; a riverside celebration followed shortly after with speakers including Kastango, CRC's new Executive Director Rebecca Todd, and the Director of the Friends of the Silvio O. Conte National Fish and Wildlife Refuge, Mar-kelle Smith.

Kastango's motivation is to "raise awareness for the immense significance of the Connecticut River, all the efforts taken to reverse the river's historic water pollution problems, and the ongoing collective action to keep the river clean, healthy, and swimmable for future generations."

"While Kari had swum in the river for a few years prior to starting this ambitious endeavor, it was in early 2019 that she firmly set the goal of swimming the entire Connecticut River," a press statement reads. "She swam a new section of the riv-



**Kari Kastango has become the first person to swim the entire length of the Connecticut River.**

Courtesy Photos, Kari Kastango/Connecticut River Conservancy

er each year between Memorial Day and Labor Day, with the help of her wife, Alison Garvey, a good friend, Julie Paradis, fellow Connecticut River Conservancy Board of Trustees member Tim Lewis, and many others who would follow her in a kayak, canoe, or motor boat

for safety during each swim." Through challenges related to climate, planning logistics, water quality, accessibility, and much more, Kastango has "accomplished this ambitious goal with resilience and dedication."

"Kari is what I consider a true adventurer. She was

self-funded, took time off work to travel up and down the watershed, providing her own transportation, housing, and equipment," said Tim Lewis, CRC Board of Trustees member and supporter of Kastango's swim.

Please see **SWIM**, page 3

## 'School Bus Safety' week Oct. 16-20

By Kimberly Palmucci  
townreminder@turley.com

SOUTH HADLEY - Held during the third full week of October each year, National School Bus Safety Week is an "active and evolving public education program and an excellent way for parents, students, teachers, motorists, school bus operators, school administrators, and other interested parties" to join forces and address the importance of school bus safety.

"Designed to promote school bus safety, school districts throughout the country observe School Bus Safety Week," the National Association for Pupil Transportation released.

The South Hadley Police Department said that a student's greatest risk "is not riding a school bus but approaching or leaving a school bus."

"Go over a few safety tips with your children," police said.

The police department recommended that children wait for the bus standing at least five big steps away from the curb, allow the bus to come to a complete stop before approaching, and listen for the bus driver to say it's okay to get on or off.

"Make sure the driver can see you before crossing in front of the bus," police released in a statement on social media. "It's important for all drivers, parents, and students to understand school bus safety."

Yellow flashing lights indicate the bus is preparing to stop to load or unload children.

"You should slow down and prepare to stop your vehicle,"

Please see **BUS**, page 5

## Buttery Brook 'Fall Fest' this weekend

SOUTH HADLEY – The Buttery Brook Park Fall Fest will be held this weekend, Oct. 20-22.

"Last year, it was pickleball combined with AED training, and this year it's pickleball, cornhole, and music," event organizers released.

While South Hadley Pickleball hosts a three-day tournament, the Friends of Buttery Brook Park will host Saturday's events, including music, cornhole, food trucks, and a beer tent, according to a press release. Pickleball will kick off with a senior tournament on Friday at 2:30 p.m. immediately followed by the men's advanced play division at 5:30 p.m.

"Free chili, cornbread, and cider will be available to par-

ticipants and spectators," event organizers said.

On Saturday, the day will be filled with back-to-back pick-

*"The public is welcome and encouraged to attend any or all of the activities,"*

— event organizers

leball tournaments starting at 9 a.m., coupled with a DJ spinning the hits at 10:30 a.m., a cornhole tournament starting at 11 a.m., and the band Acoustic-

ca performing a free concert at 3 p.m. Sunday will culminate with two additional pickleball tournaments, ending with the high school/college division at noon.

"Free coffee and pastries will be available at the courts on Sunday morning. All activities and music on Saturday will take place between the basketball and pickleball courts," a press statement reads. "Bring your chairs and blankets at 3 p.m. to enjoy the free Acousticca concert."

Entrance to the park will be at the South entrance; the cornhole sign-up is through the Scoreholio app ("Buttery Brook Park Fall Fest Tourney," walk

Please see **FALL FEST**, page 7

## POW, MIA Remembrance Ceremony next week

SOUTH HADLEY – The South Hadley American Legion is seeking family members of local heroes to be honored at a ceremony next week.

South Hadley's inaugural POW/MIA Remembrance Ceremony will be held at 6 p.m. on Wednesday, Oct. 26, at the South Hadley Public Library, 2 Canal St. Doors will open at 5:30 p.m. for light refreshments, according to a press release.

"The South Hadley American Legion will pay tribute in remembering the more than 81,000 American service members who remain missing in action in all wars since World War II," a press statement reads. "A

total of 2,665 Massachusetts service members remain missing from World War II alone." A special tribute will be paid to eight South Hadley servicemen who remain missing from WWII:

Earle W. Dressell, U.S. Navy  
Harold L. Guyon, U.S. Navy  
Robert W. Martin, U.S. Army  
Air Force  
Edward W. McGovern, U.S. Army  
Edward X. Menard, U.S. Navy  
Frederick A. Nitkiewicz, U.S. Navy  
Edmond J. Oldread, U.S. Navy

Please see **POW**, page 6

# Police dept. swears in two new officers



Courtesy Photos, South Hadley Police Department

## Members of the South Hadley Police Department

SOUTH HADLEY – Chief of Police Jennifer Gundersen and the members of the town’s police department have welcomed Officer Alexandra Cebula and Officer Peter Adamczyk, who were sworn in on Oct. 12.

“Officer Cebula is a graduate of Granby High School,” the police department shared in a statement on social media. “Officer Cebula went on to graduate from Western Carolina University with a bachelor’s degree. Officer Cebula previously worked for the Fairbanks Alaska Police Department before joining this department.”

“Officer Adamczyk graduated from Chicopee High School, and is attending Westfield State University,” the department released. “Officer Adamczyk attended the Springfield Police Academy and graduated in October 2015. Officer [Adamczyk] previously worked for another area department.”

The department thanked Town Administrator Lisa Wong and Town Clerk Sarah Gmeiner, who were present for the swearing in.

“Congratulations to both of you, and welcome to the department,” South Hadley Police shared.



Officer Alexandra Cebula



Officer Peter Adamczyk

## Free program next week on ‘Artificial Intelligence: Fact & Fiction’


SOUTH HADLEY - October is Cybersecurity Awareness Month, a time to remind residents of the importance of protecting themselves in a digital world.

“In the past year, media coverage of artificial intelligence (or AI) has predicted both benefits and threats to users and society,” a press statement reads.

The South Hadley Public Library is hosting a free program titled “Artificial Intelligence: Fact & Fiction”

at 6:30 p.m. on Monday, Oct. 23. Presenter and IT security engineer Nathaniel Mello will demystify AI to help people understand how it works and what’s around the corner. He will discuss who is using it, how to use it, and the impacts it’s had already.

Mello will also talk about the popular AI program ChatGPT and how to use it (or how it’s already using you), according to reports. No registration is required; for more information call 413-538-5045.




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Allie '16  
Client Services Associate,  
Kathleen Collins Wealth Management  
B.A., Economics and Music,  
Wellesley College, 2020



Maddie '23  
Babson College, Major: Entrepreneurship  
Babson Blank Scholars Program  
WMA Recipient of  
Stephen D. Luckraft Memorial Award

## Sunday, October 22, 10 a.m.

### Shenkman Trading Center, Mattern Hall

Hear from recent WMA alumnae about their experiences from WMA to the boardroom. Gain new perspective about WMA’s Center for Entrepreneurship, Economics & Finance and the opportunities that abound for WMA students.

**RSVP by Oct. 18: [www.wma.us/womeninbiz](http://www.wma.us/womeninbiz)**

## Craft fair event in Granby

GRANBY – The Immaculate Heart of Mary Craft Fair will be held from 9 a.m. – 5 p.m. on Saturday, Nov. 4.

The event, sponsored by the IHM Men & Women Club, will be located at 256 State St. in Granby.



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Nov. 4	.....	Book of Mormon	.....	\$120
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Dec. 30	.....	Moulin Rouge!	.....	\$125
Jan. 12-14	.....	NYC Weekend	.....	\$469
Jan. 27	.....	Ain't Too Proud – Temptations	.....	\$99

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For further information call Randall at (413) 436-5357 or email [adventuretours@att.net](mailto:adventuretours@att.net) or go to [www.adventuretoursofwarren.com](http://www.adventuretoursofwarren.com)



A group gathered to support Kastango.

Courtesy Photos, Kari Kastango/Connecticut River Conservancy

“She even purchased a used Boston Whaler for safety in the larger sections of the river. It was all on Kari, and she deserves a tremendous amount of credit for completing this monumental task, and for being the first to do so for the Connecticut River.”

“The river provided me opportunities to practice letting go of misconceptions of myself, others, and of the river, and being in the present moment more fully. I am extremely grateful to everyone who has been involved with Connecticut River Conservancy since its inception. Their persistent efforts and commitment through the years made this swim possible,” Kastango said.

As a unique symbol of connection with her family ancestry, Kastango wore seven Norwegian coins around her neck as she traversed the entirety of the Connecticut River swim journey, according to reports. Kastango, a resident of South Hadley, began her career as a research exercise physiologist (UMass, Amherst ‘89, ‘92) which then led her to pursue a Ph.D. in Biostatistics (Pitt ‘06).

“With 19 years in the pharmaceutical industry, Kari currently works as a director of statistical operations at a clinical research organization in addition to serving on CRC’s Board. Kari balances these professional and personal commitments through physical pursuits that are meditative in nature,” a press statement reads.

In addition to a significant personal achievement, this unique swim journey highlights “the importance of ongoing commitment to conservation, restoration, and advocacy of the Connecticut River and tributaries.”

“At the start of Kari’s swim, she was not aware of the history of pollution in the river, and had immense gratitude for the commitment of many organizations including state and federal agencies, nonprofits, and volunteers who have spent decades working on watershed-wide strategies for cleaner and healthier rivers,” the press statement adds. “We have come a long way since the state of polluted local rivers in the 1950’s, which can now be enjoyed for swimming, fishing, and recreation, and yet there is much more still to do in supporting the clean water, healthy habitats, and thriving communities that Connecticut River Conservancy and partners strive for every day.”

The swim took 84 outings to complete, according to reports. The longest distance of any one swim was 11 miles from the Turner Falls Dam to Sunderland.

“That swim only took two hours and eight minutes due to a river assist resulting from water released from the dam a few hours prior to the swim start,” a press statement reads.

Meanwhile, the longest duration of any one swim was three hours and 50 minutes, a 10.9-mile swim from Bloomfield Access to Maidstone Bridge Access, swimming in a drysuit.

The longest duration total of two swims back-to-back was six hours and 10 minutes.

“The Bloomfield Access to Maidstone Bridge Access swim (swam in a drysuit) on Saturday, followed by Sunday’s swim: Johns River Ramp to Gilman Boat Launch (including a portage, also swam in the drysuit).”

The coldest swim was around 47.5 degrees Fahrenheit from the Rt. 2 Bridge in Lancaster, N.H., to Mount Orne Covered Bridge, Lunenburg, Vt. on April 29, 2023.

Since 1952, CRC has been “a voice for the Connecticut River watershed, from source to sea.”

“We collaborate with partners across four states to protect and advocate for rivers and educate and engage communities. We bring people together to prevent pollution, improve habitat, and promote enjoyment of your rivers and streams. Healthy rivers support healthy economies,” the CRC released.

To learn more about CRC, or to make a contribution to help protect rivers, visit [ctriver.org](http://ctriver.org).



Kastango in the water.



Kastango swimming.

**Tuesday Nights**  
6:30pm  
**Pitch Night**

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**Friday Night**  
5-7pm  
**Spaghetti Dinner**  
7:30pm  
**Trivia**  
\$5 per person. Winner takes all.

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**Saturday & Sunday**  
11am-1pm  
**Sandwiches**  
Corned Beef, Ham & Cheese  
and Chicken Salad

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**November 11th**  
8-10am  
**Veterans Day**

**ALL ARE WELCOME**

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# Gaylord Library’s October programs

SOUTH HADLEY – Here are the upcoming October events at the Gaylord Library:

**Not Just Knitters Stitch Together Program:**  
Friday Oct. 20, at 3 p.m.

“Bring your crochet, needlepoint, felting, hand-quilting and, yes, knitting,” the library released. “Share your crafting know-how, browse a selection of crafty books full of new skills, or just enjoy stitching in the Gaylord rotunda.”

Some weeks will have a theme like mending, finishing projects, or getting started on new ones. “But all projects are welcome in all weeks. The theme is just to get us thinking.”

**GAYLORD LIBRARY PROGRAMS FOR KIDS**

**Story Stroll on the Library Lawn**

Walk around the library property to read Rachel Isadora’s “Do I Have to Wear a Coat?”

“Our new story stroll takes children on a journey through the changing seasons.”

*Story Time for Kids: Every Friday, 10:30 a.m.*

Come to the children’s room for stories and crafts; Oct. 27 will be a Halloween story. Costumes welcome.

**Open Craft for Kids:**

*Thursday, Oct. 26, from 3-6 p.m.*

Visit the children’s room and join Miss Janet for a special craft activity.

**Family Outdoor Games:**

*Saturday, Oct. 28, from 10:30-11:30 a.m.*

Join for some fun Saturday morning games on the library’s back lawn. The Oct. 28 event will have a Halloween Theme. Costumes welcome.

Additionally, the Gaylord Library offerings a Home Delivery Service.

“Delivery is available to South Hadley residents who have health or transportation issues that keep them from the library on a temporary or on-going basis. Any item that can be checked out from the Gaylord Memorial Library or South Hadley Public Library can be delivered.”

Find out more or sign up to receive library items on the website, [gaylordlibrary.org](http://gaylordlibrary.org), or call Adult Services Librarian Sarah Courtney at 413-538-5047.

## \$1M recieved for energy infrastructure

BOSTON— Sen. Edward J. Markey (D-Mass.), chair of the Senate Environment and Public Works Subcommittee on Clean Air, Climate, and Nuclear Safety, today celebrated an announcement from the Department of Energy that Massachusetts will receive nearly \$1 million in federal funding to develop clean energy infrastructure. This funding was awarded through the Energy Efficiency

Please see **MARKEY**, page 5

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CALL TO REGISTER FOR THESE AMAZING PROGRAMS.

**Fuel Assistance**  
Informational and Q & A  
Oct. 24th 5:00 p.m.  
Have you considered applying for Fuel Assistance? Do you qualify? Attend to learn all about the Fuel Assistance process and how this service can help you with your home heating.

**Life History and Genealogy Workshop**  
Fridays 10:30 a.m.  
MHC students would like to help document your life. Your history can provide these college students with insight from the decisions you have made at key moments in your life.

MONDAY-FRIDAY 8:00 AM- 4:30 PM  
TUESDAYS UNTIL 7:00 PM 413-538-5030 X3  
45 DAYTON STREET, SOUTH HADLEY 01075

# Opinion

## GUEST COLUMN

### SOCIAL SECURITY Matters

By Russell Gloor

## How will my wife's Social Security be affected by her teacher's pension?

Dear Rusty,

My wife, born in 1960, was a Texas school teacher for about 10 years and receives a \$1,000 per month pension from that work. She didn't pay into Social Security while teaching, but she paid into it for about 23 years while working elsewhere. I paid into Social Security my entire life, the maximum in most years, so my SS benefit will be much greater than hers.

I understand there are some sort of penalties or restrictions on my wife's Social Security benefits and also for spousal benefits due to her school pension. Please share the process I can use to estimate my wife's Social Security and tell me if she can file for spousal benefits.

**Signed: Planning for the Future**

Dear Planning,

Because your wife has a Texas school teacher pension earned without contributing to Social Security, any SS benefits she is entitled to will be affected by two rules: first, by the Windfall Elimination Provision, which will reduce her personally earned Social Security retirement benefit and, second, by the Government Pension, which will reduce any spousal boost if she is entitled to one to her own benefit.

The amount of the WEP reduction to your wife's personal SS retirement benefit will be computed using a special formula, which considers the number of years she has contributed to Social Security through other (non-state) work. Since your wife became eligible for Social Security benefits in 2022 the maximum WEP reduction with 23 years contributing to SS will be \$358. If your wife has already obtained an estimate of her Social Security retirement benefit, deduct \$358 from that estimate and that will be pretty close to her actual SS retirement benefit when she claims. Social Security will figure out the exact amount of her WEP reduction when your wife applies, but you can also use Social Security's "WEP Calculator" for an estimate, which you can find by visiting [www.ssa.gov/benefits/calculators/](http://www.ssa.gov/benefits/calculators/).

Whether your wife will be entitled to a "spousal boost" to her own Social Security retirement benefit depends on how your respective FRA entitlements compare and the GPO. The base amount of your wife's spousal boost will be the difference between her pre-WEP FRA entitlement and 50% of your FRA entitlement. If your wife's normal FRA entitlement is less than 50% of your FRA entitlement, the difference is a "spousal boost" added to your wife's personal SS retirement benefit. However, that base spousal boost will be reduced if taken before your wife reaches her FRA and even further reduced by the GPO (the GPO reduction will be 2/3rds your wife's State of Texas pension, e.g., about \$667. Any remainder left after these reductions to your wife's spousal boost will be added to her own WEP-reduced SS retirement amount, but if the remainder is \$0 then no spousal boost will be given and your wife will get only her WEP-reduced Social Security retirement amount.

FYI, Social Security's WEP and GPO provisions apply to anyone, who has a pension earned without contributing to Social Security, including many public service retirees in the 26 states, which do not participate in the federal Social Security program. I've published numerous articles about how these rules affect benefits and also about the rationale behind both provisions, which you are welcome to review at this AMAC Foundation website by visiting [www.SocialSecurityReport.org](http://www.SocialSecurityReport.org).

Please see **SOCIAL SECURITY**, page 7



## The Garden Lady takes on squash pollination

Christl, a recent transplant to Belchertown from California, wrote in with this question for the Garden Lady:

"We are doing the post-mortem on our veggie garden and we had an issue with our butternut squash.

Last year we grew butternut from seed and had some lovely fruit that lasted most of the winter. This year we used the same seed, but the fruit was white without the distinctive crookneck shape.

I've cooked some and it is definitely not as sweet, but my dog is enjoying the special treats. I suspect that it cross pollinated with something else in the garden.

We also grew two types of cucumbers (which despite the rain went gangbuster), Mini cantaloupe melons and a yellow summer squash. None of these fruits seemed to be affected.

My question is how to avoid this? Are there particular cucurbits that are more likely to cross-pollinate or be cross-pollinated? Is there a certain distance one can plant away from each other?

I was hoping to plant some pumpkins and watermelon next year, but in light of the butternut, I am wary. I may be willing to forego planting some of the cucurbits, but cukes are a must and I'd hate to give up my melons.

I have enough room that pumpkins will stay out of the veggie garden."

Thank you for the wonderful and very timely question! First let's talk about how cross pollination occurs.

In the simplest of terms, bees carry pollen from plant to plant. When fruit forms, and the seeds from the fruit are saved and used the following year to start new plants, you can sometimes run into trouble and not end up with the exact plants you grew the year before.

We will take melon and cucumbers out of the equation here - they belong to the genus Cucumis and are species melo and sativus respectively. They cannot cross pollinate because they are different species.

Nor can watermelons, since they are a different genus and species altogether: Citrullus lanatus.

The genus Cucurbita, to which squash belongs, has five different species. Three of them are commonly grown in our climate; one more only occasionally:

**Cucurbita pepo includes summer squash:** zucchini, patty pan, and yellow

crookneck as well as acorn, delicata/dump-ling, and spaghetti winter squashes. Small gourds, and most pumpkins also belong to this species. Pepos have hard, five-sided ribbed stems.

Cucurbita maxima is comprised of banana, buttercup, Hubbard winter squash as well as some pumpkins, most notably the white pumpkin Lumina and the pretty deep orange-red "Cinderella." Fruit in this species have round stems and tend to be on the large side. They often have bumps on their skin and button ends (think of a belly-button). Highest carotenoid content when mature and sometimes the largest fruit on earth!

**Cucurbita moschata is comprised of the familiar butternut-type of winter squashes as well as the cheese pumpkin, ancient "Seminole," and many other less common fruits.** One distinguishing feature of this group is its smooth surface and usually a tan color. It is often used interchangeably for pumpkin in pie recipes. Quality of flesh and carotenoid content can range from good to poor; seed is nutritious.

Cucurbita argyrosperma. To people that live in the Southwest, their "pumpkin" of choice is the "Green Striped Cushaw" or "White Cushaw." Most consider it to be a rather pretty winter squash. Just like the moschatas, it can be used interchangeably in recipes calling for pumpkin. Reportedly, it handles dry weather and is quite resistant to vine borer. It is rarely grown in our climate. One distinguishing factor of this species is silver seed which is large and nutritious. Culinary quality, however, is pale and poor.

Confusion sets in when you want to save seeds of your produce!

All squash are monoecious, that is male and female flowers are produced on the same plant. Note male flowers (usually outnumber female flowers 4:1) are on stems, flowers are fused with stamens versus female flowers that have an ovary at base.

Both are high in nectar that is attractive to visiting bees, most notably the honeybee and native ground bees.

Cross-pollination will not occur between different species - say between a pepo and a maxima but it will take place among members of the same species.

Since I grew zucchini, yellow crookneck

Please see **IN THE GARDEN**, page 7

## OPINION PAGE/ LETTERS POLICY

Letters to the Editor have a maximum of 350 words. We require writers to include their name, address and phone number in order for our office to authenticate authorship prior to publication. Addresses and phone numbers are not published.

Unsigned or anonymous letters will NOT be published.

We reserve the right to edit or withhold any submissions. Libelous, unsubstantiated allegations, personal attacks or defamation of character are not allowed. Deadline for submissions is Wednesday at noon.

Please email (preferred) letters to [townreminder@turley.com](mailto:townreminder@turley.com). Mailed letters can be sent to Town Reminder, 24 Water Street, Palmer, MA 01069.



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# Odyssey Bookshop October events

SOUTH HADLEY – The Odyssey Bookshop will host several events this month.

The bookshop is located at 9 College St., South Hadley.

### Mona Awad

Join in-person at 7 p.m. on Tuesday, Oct. 24, as Mona Awad presents her new novel, "Rouge." She will be joined in conversation by T Kira M'healani Madden.

"From the critically acclaimed author of 'Bunny' comes a horror-tinted, gothic fairy tale about a lonely dress shop clerk whose mother's unexpected death sends her down a treacherous path in pursuit of youth and beauty."

Awad is the author of the novels "All's

Well,'" "Bunny," and "13 Ways of Looking at a Fat Girl"

### Kim Coleman Foote

Join in-person at 7 p.m. on Wednesday, Oct. 25, as Kim Coleman Foote presents her debut novel, "Coleman Hill."

"Coleman Hill is the exhilarating story of two American families whose fates become intertwined in the wake of the Great Migration. Braiding fact and fiction, it is a remarkable, character-rich tour de force exploring the ties that bind three generations."

Coleman Foote was born and raised in New Jersey, where she started writing fiction at the age of seven.

For even more events, visit [odysseybks.com/event](http://odysseybks.com/event).

## MARKEY from page 3

and Conservation Block grant program created through the Infrastructure Investment and Jobs Act.

Of these funds, Boston will receive \$659,900 to create a Building Decarbonization Advisory Program, which will assist residents with enhancing energy efficiency, decarbonizing their homes, and complying with the City's standards.

Littleton will receive \$300,000 to collaborate with five local electric utilities, the Beneficial Electrification League, and the Northeast Public Power Association to launch a clean energy program. The pro-

gram will help six Massachusetts municipal utilities transition to 100 percent clean energy while advancing their communities towards net-zero emissions by 2050.

"Massachusetts is the home of the American revolution, and we'll be the home of America's clean energy revolution," said Markey. "With nearly a million in federal funding, we are supporting Massachusetts families in upgrading and decarbonizing their homes - all while electrifying and transitioning our commonwealth to clean energy. Together, we can reduce carbon emissions to zero, protect environmental justice communities, and save our planet."

## SOCIAL SECURITY from page 9

The Association Mature Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for information purposes and does not represent legal or financial guidance. It pres-

ents the opinions and interpretations of the Association Mature Citizens Foundation's staff, trained and accredited by the National Social Security Association. To submit a question, visit [amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org). Russell Gloor is a Social Security advisor for AMAC.

## IN THE GARDEN from page 9

and pumpkins in my garden, all Cucurbita pepos, I can't save the seeds from any of those fruits and expect them to look, or taste, exactly like their parents did.

What makes seed saving even more confusing for the novice is whether or not the variety they are growing is open-pollinated or a hybrid. Hybrids, however, are the result of crossing two inbreds.

Seeds saved from hybrid plants will likely germinate and produce fruit. Unfortunately, it will not be true, and it may or may not have a resemblance to the fruit you saved it from - it will likely resort back to either of its parents or some unique, different combination of genes.

With all of this said, I have a few thoughts as to what happened to produce misshapen butternut squash. If it was seed you saved from the plants you grew the year before, maybe they were hybrids

and what you ended up with is something back in the genetic line.

Or maybe they cross pollinated with your neighbors moschatas; for true seed, plants would need to be isolated one-half to one mile.

If what you grew was from the original seed packet- not anything you saved, then it remains a mystery.

Regardless, I do hope this helped in de-tangling a confusing topic and encourages you to plant all of your favorites next year!

*Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 31 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to [pouimette@turley.com](mailto:pouimette@turley.com) with "Gardening Question" in the subject line.*

# COA announces next week's highlights

SOUTH HADLEY – Here are the highlights at the Council on Aging for next week, Oct. 23-27.

### Monday, Oct. 23

3 p.m. - Dementia series, part two "Is it forgetfulness or Alzheimer's?" the COA released.

Carol Constant, certified dementia practitioner, and Karen Sanders-Buscemi, PMH-NP geriatric NP, will present at this program.

"Folks think forgetfulness is the first sign of Alzheimer's disease. But not all people with memory problems have Alzheimer's. Other causes for memory problems can include aging, medical conditions, emotional problems, mild cognitive impairment, or other types of dementia."

Carol and Karen will help attendees "identify and sort those out."

### Tuesday, Oct. 24

11:30 a.m. – Big Y trip "Let us do the driving," the COA released. "Sign up for a trip to Big Y in South Hadley."

4:30 p.m. - Self-care using aromatherapy

Jan Lucier, MSN, RN, HNB-BC, CCAP, and certified clinical aromatherapy practitioner, will present this program.

"It's one of the safest and oldest holistic methods of healing. She will be sharing the history of essential oils, methods of delivery, and practical uses for healing and over increased well-being," the COA released.

### Wednesday, Oct. 25

1 p.m. – Neighbors Helping Neighbors

Ann Andras, social service coordinator, will be visiting Neighbors Helping Neighbors.

1:45 p.m. – Halloween Social

Kathy Florence, activities/volunteer coordinator, will be leaving the Senior Center at 1:45 p.m. for a Halloween Social at Newton Manor. Those interested in becoming a volunteer may contact Florence at [kflorence@southhadley.ma.gov](mailto:kflorence@southhadley.ma.gov).

## BUS from page 1

police added.

Meanwhile, red flashing lights and extended stop arms indicate the bus has stopped and children are getting on or off.

"You must stop your car and wait until the red lights stop flashing, the extended stop-arm is withdrawn, and the bus begins moving before you can start driving again."

For more information, visit [napt.org/nsbsw](http://napt.org/nsbsw).

gov or 413-538-5030.

### Thursday, Oct. 26

11 a.m. – Pet Therapy with Riley "What a good dog," the COA released.

1 p.m. – South Hadley Public Health Nurse

Maureen Couture, RN will be at the COA until 3 p.m.

### Friday, Oct. 27

10:30 a.m. – Genealogy Workshop This workshop is with Mount Holyoke College Anthropology students and their professor, Joshua Roth.

"Your history can provide these college students with insight on the decision you made at key moments in your life. You can document your life or work on a more extensive family history," the COA released.

10:30 a.m. – Flower arranging in a pumpkin

Join Denise from the Springfield Garden Club to make a great arrangement in a real pumpkin. Cost is \$10; limit of 10 participants.

1:30 p.m. – Price Rite trip "Let us do the driving," the COA released. "Sign up for a trip to Price Rite."

### Even More Events

Tuesday Evening Program - Tuesday, Oct. 24, at 4:30 p.m.

Jan Lucier will be sharing the history of essential oils, methods of delivery, and practical uses for healing and overall increased well-being. Free aromatherapy roll-on to take home.

Boo Birthday and Anniversary Bash - Tuesday, October 31, 5 p.m.

Join for this spooky Halloween party. Costumes are optional but encouraged. There will be prizes for the top three costumes. Free refreshments and entertainment by the Agawam Melody Band.

### A PRAYER TO THE HOLY SPIRIT

Holy Spirit, You who made me see everything and showed me the way to reach my ideal. You, who gave me the divine gift to forgive and forget the wrong that is done to me and you, who are in all instances of my life with me. I, in this short dialogue want to thank you for everything and confirm once more that I never want to be separated from you no matter how great the material desire may be. I want to be with you and my loved ones in your perpetual glory. Amen. Thank you for your love towards me and my loved ones. Persons must pray the prayer three consecutive days without asking your wish. After third day wish will be granted no matter how difficult it may be. Then promise to publish this dialogue as soon as this favor is granted. I will never stop trusting God and His power. **D.D.**

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# 'Guided public trek' in November

Event at Bachelor Brook-Stony Brook Conservation Area

SOUTH HADLEY— At 1 p.m. on Sunday, Nov. 5, the South Hadley Bike/Walk Committee will lead a guided trek on the North Loop of the Bachelor Brook-Stony Brook Conservation Area located off Hadley St./Route 47 in town.

Bike/Walk members Caroline Martin and Anne Barry will lead the trek "through the area's beautiful, but underused, north section trail," which can be accessed from a trailhead on Hadley St./Route 47.

"The beginning part of the hike is somewhat steep while the return section is more wide-open and either flat or downhill," the Bike/Walk Committee released. "The area is fairly wild and there are lots of interesting plants and many birds, as well as a view of river on the way in. The loop will take approximately 90 minutes to complete."

Parking for 12-15 cars is available in a small hiker lot on the left heading north on Rt. 47/Hadley St., just before the bridge over the brook.

"If that lot is full, more parking is available back at the larger Town Farm lots, about two tenths of a mile south of the small

hiker lot. Please use caution when walking on Rt. 47 from parking areas as the road is a bit curvy," a press statement reads. "There is room to move off the road and walk on the adjacent grassy strip."

The group will meet at 12:45 p.m. at the small hiker lot, located just north of the Community Garden, which is at 100 Hadley St.

"We will leave at 1 p.m. for the trailhead, which is about a tenth of a mile further north on Rt. 47 and marked by a brown wood sign with yellow letters. Wear weather-appropriate clothing and safe footwear, and bring water and walking poles, if desired. Please keep in mind that some areas of the trail can be wet and one section in particular can be quite muddy, so hiking footwear is preferable to sneakers."

While no hunting is allowed in Massachusetts on Sundays, bright clothing is always a good idea, the press statement reads.

"All events are subject to change or cancellation due to weather or ground conditions and any decision to cancel will be made and posted by 10 a.m. on the day of the trek," the Bike/Walk Committee added.

For more information, to check for a weather notification, or to download a Bachelor Brook-Stony Brook Trek Map, visit southhadley.org/bikewalk.

**POW** from page 1

Walter K. Schulz, U.S. Navy

The event will include a presentation about the Defense POW Accounting Agency (DPAA), the agency responsible for finding and accounting for the missing, and the history of POW/MIA Recognition Day, veteran speakers, a military honor guard colors presentation, POW Missing Man Table ceremony, wreath laying, and the sounding of Taps.

"Oct. 26, 2023, is also National Day of the Deployed, a day to honor U.S. service members serving overseas and in harm's way," the press statement reads.

The point of contact is Brian Willette, Post Commander of South Hadley American Legion Post 260. Commander Willette is the Massachusetts Veterans of Foreign Wars POW/MIA Chairman. He can be reached at SSGBrian.Willette@gmail.com.



## Halloween fun at Granby library

GRANBY – October will see plenty of Halloween fun at the town's library.

All library programs are free and open to the public; the library is located at 297 East State St., Granby.

The Granby Public Library has announced the following events:

**Halloween Eye Spy**

"Take an Eye Spy sheet, then find and count the Halloween theme items in our aquarium as you go," the library released. "When you've spied and counted everything on this sheet, then you receive a little Halloween prize."

Eye Spy will run through Oct. 31.

Guess How many Pumpkins are in the Jar

"Guess how many candy pumpkins are in the jar. The closest guess without going over wins a Halloween Fun Pack."

Through Oct. 24.

**Creepy Carrot Design Fun Challenge**

"Read the hilarious book 'Creepy Carrots' by Aaron Reynolds about a rabbit named Jasper who ate carrots every chance he could, breakfast, lunch, dinner and snacks. The carrots, who are portrayed with human characteristics, were fed up with it, so they came up with a diabolical plan to make him hate them."

Grab a sheet as part of this activity and see "how creepy you can make a carrot look."

"Just for fun (not a contest) design a creepy carrot based on the book and we will put it on display."

Through Oct. 29.

**Not So Spooky Crafts**

Saturdays, Oct. 21 and 28

Give a pumpkin shape a face, make a bat or owl magnet, put together a Q-Tip skeleton, and more.

**Guess How Much Our Pumpkin Weighs?**

Tweens and teens are invited to the Young Adult Room, where a pumpkin currently resides.

"If you can guess how much it weighs, you'll win the pumpkin and some Halloween décor."

This contest will continue until Oct. 20, so the winner can have it in time for Halloween; ages 11-18.

Library hours include: Tuesday, Wednesday, and Friday, 10:30 a.m. – 5:30 p.m., Thursday, 10:30 a.m. – 7 p.m., and Saturday, 10:30 a.m. – 1:30 p.m.

Call the library at 413-467-3320 for more information.

## BOAT to celebrate Red Ribbon Week

BELCHERTOWN – Large red ribbons have been displayed in various locations throughout town and at the schools to honor the Red Ribbon Week national campaign, promoted by the Drug Enforcement Administration across the country.

"[Belchertown Overcoming Adversity Together (BOAT)] invites the community to take a stand against drugs by celebrating Red Ribbon Week from October 23-31," a press statement reads, adding that Red Ribbon week raises awareness of drug use and the problems related to drugs facing the community; it "encourages parents, educators, business owners, and other community organizations to promote drug-free lifestyles."

"Red Ribbon Week encourages our entire community to adopt healthy, drug-free lifestyles and to keep our youth healthy, safe, and drug-free," said Kris Hoag, Belchertown Public Schools Drug-Free Communities Program Director.

Since its beginning in 1985, the Red Ribbon Week Campaign has touched the lives of millions of people around the world. This is an annual national drug prevention campaign that encourages Americans to wear red ribbons in memory of U.S. Drug Enforcement Agency Special Agent Enrique "Kiki" Camarena, according to a BOAT press release.

"Agent Camarena had become well known in both the United States and Latin America for his success in busting up drug trafficking groups. Kiki embraced the belief that one person can make a difference," the press statement reads.

On February 7, 1985, the 37-year-old Camarena left his office to meet his wife for lunch. Five men appeared at the agent's side and shoved him in a car. One month later, Camarena's body was found. He had been tortured to death, according to reports.

"In honor of Kiki's memory and battle against illegal drug trafficking, his high school friends and Rep. Duncan Hunter launched 'Camarena Club' in Camarena's hometown of Calexico, Calif. where hundreds of members pledged to lead drug-free lives in his honor and began to where red satin badges."

The pledge was delivered to then First Lady Nancy Reagan at a national confer-

ence focusing on combating youth drug use. In 1988, Reagan chaired the first National Red Ribbon Week, which was proclaimed by Congress as an annual campaign that would take place during the last week of October. The red ribbons are in remembrance of "Kiki" and his sacrifice.

More than 80 million people participate in Red Ribbon anti-drug events each year, according to reports. The 2023 campaign theme, "Be Kind to Your Mind. Live Drug Free," serves as a reminder that every day Americans across the country make valuable contributions to their communities by being the best they can by living drug free.

"It is also important to remember the dangers of drugs and commemorate the many lives lost to the hazards of drug abuse," BOAT released. "With the rates of overdose deaths across the country in 2022 topping well over 109,000 and in Massachusetts 2,357 overdose deaths and the highest in our history, it is important to stand together against this destroyer of lives, families, and communities."

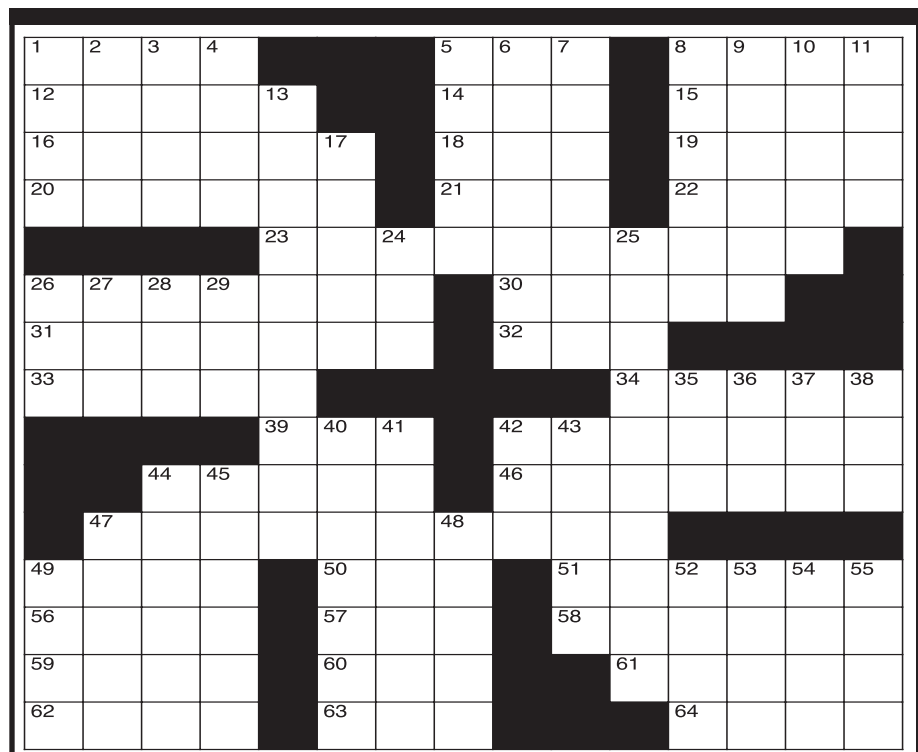
The red ribbons across town symbolize the commitment to a drug-free life, to a drug-free community and serve as a catalyst to mobilize communities to educate youth and encourage participation in drug-free activities.

"Red Ribbon Week gives us the opportunity to be vocal and visible in our efforts to achieve a drug-free community," Hoag said. "Research shows that children are less likely to use alcohol and other drugs when parents and other role models are clear and consistent in their communication about the dangers of drug use, specifically the damaging effects on the adolescent brain."

For those struggling with drug or alcohol issues, "reach out for help," BOAT released. The MA Substance Use Helpline is 1-800-327.5050. The Helpline is a statewide public resource for finding substance use treatment, recovery, and also problem gambling services. The Helpline is free and confidential and trained specialists are there to assist.

"Hope is here," BOAT added.

BOAT is also available to obtain resources and may be reached at 413-323-0423 ext. 115.



**CLUES ACROSS**

- 1. A device to disengage without a key
- 5. Subdivision
- 8. Network of nerves
- 12. Lounge chair
- 14. Ocean
- 15. C. European river
- 16. Bowl-shaped cavity
- 18. \_\_\_ Caesar, comedian
- 19. Lyric poems
- 20. Tia's sister
- 21. A way to develop
- 22. Cows collectively
- 23. Areas close by
- 26. Slightly disreputable
- 30. Made a mistake
- 31. One who cites
- 32. Food stall: \_\_\_ pai dong
- 33. Narrow valley between hills
- 34. Members of people living mainly in the Congo

- 39. More (Spanish)
- 42. Classroom implementations
- 44. Cognizant of
- 46. One who tells on others
- 47. Free from slavery
- 49. Thick piece of something
- 50. Containing two nitrogen atoms between carbon atoms
- 51. Removed entirely
- 56. Late rocker Turner
- 57. Appreciated
- 58. Observation expedition
- 59. Opposite of subtracts
- 60. Unit of work
- 61. Wreckage on the sea bed
- 62. Affirmative! (slang)
- 63. Witness
- 64. River in England

**CLUES DOWN**

- 1. A dissenting clique
- 2. Japanese city
- 3. Spiritual leader
- 4. Second letter of Greek alphabet
- 5. Musical term
- 6. Ruled over
- 7. Fortified wine
- 8. First year player
- 9. Moved in a circular way
- 10. Adolescents
- 11. Scottish or Irish Gaelic language
- 13. Someone who serves in the armed forces
- 17. Bring up
- 24. Factual written account (abbr.)
- 25. Having three sides
- 26. Annoy
- 27. Hustle
- 28. American WW2 leader
- 29. Stale atmosphere
- 35. US Treasury
- 36. Sound unit
- 37. They \_\_\_
- 38. Soviet Socialist Republic
- 40. Places to play video games
- 41. Medical event
- 42. When you hope to arrive
- 43. Fixed prices
- 44. Popular Boston song
- 45. Valley in Indiana and Illinois
- 47. Omit when speaking
- 48. German explorer of the Congo Basin
- 49. Stick around
- 52. From a distance
- 53. Heroic tale
- 54. Amounts of time
- 55. Eat

# In the Classroom

## Resident 'finds her passion' in higher education career

**SOUTH HADLEY** - In her new role as Director of Early College Initiatives, Melanie Laurin of South Hadley is focused on increasing access to education at Springfield Technical Community College.

Laurin, who started in the position in July, is responsible for "developing dual enrollment and early college partnerships with Springfield-area high schools and school districts," according to a press statement.

"At STCC, we offer the most affordable form of higher education," said Laurin, who grew up in Hatfield. "I'm proud that we have programs for students to be able to take a college class and not be burdened with loans and or face financial barriers. Access to higher education is critically important."

Matt Gravel, Dean of Academic Initiatives, said Laurin brings experience in higher education and energy to her new role at STCC.



South Hadley resident Melanie Laurin

"The work Melanie is doing is strongly tied to the college's strategic plan over the next five years," Gravel said. "I'm delighted that she's part of our team."

Dr. Christopher Thuot, vice president of academic affairs at STCC, added that "Melanie is in a vital role at STCC."

"She is working with our partners in the community to help STCC achieve its number one goal of increasing access, educational attainment and economic mobility in the region," Thuot said.

Laurin is no stranger to STCC and higher education, according to the press statement. She worked in the Admissions Department at STCC between 2017 and 2021. In that position, she oversaw international admissions and did communications and outreach. She also ran "College Now!" a dual enrollment program that allows students attending Springfield Public Schools or Springfield

Public Charter Schools to enroll in one tuition-free, credit bearing course in each semester of their junior and senior years.

"I was really excited to see that this job became available," Laurin said. "It was hard for me to let go of the College Now! program when I left. I was so excited to come back and do this work."

Serving as a liaison between local high schools and STCC, Laurin will make sure the college develops new pathways and cohorts of students to increase accessibility. She will offer support for STCC faculty who are teaching the early college students.

Anyone enrolled in the College Now! program attends STCC with students enrolled in degree and certificate programs. They get a real college experience, along with college credits at no cost, the press statement reads.

Separate from the dual enrollment program, STCC offers Early College Career Pathway programs. Students in grades 10, 11, and 12 at Springfield's High School of Commerce and the

Commerce "Family of Schools" can launch their college careers at STCC in six different pathways to a certificate or associate degree. These pathways include Cybersecurity, Healthcare and Social Assistance, Business Administration, Education, Criminal Justice, and Technical Arts and Design. Students at Veritas Preparatory High School may earn up to 60 credits in pathways that include STEM (science, technology, engineering and math), Healthcare and Social Assistance, and Business Administration, according to reports.

Additionally, having received a new STEM Tech Academy grant from the state, STCC recently launched a Career Connections Academy that includes a partnership with West Springfield High School and Springfield's Veritas Preparatory Charter School.

Wesley Carter is the Director of the STCC Career Connections Academy and is responsible for the administration of the STEM Tech Academy Grant.

The Career Connections Academy focuses on healthcare, social assistance, and busi-

ness and finance, and combines work-based learning opportunities with early college coursework to ensure students are on a strong foundation to identify career goals and ensure they are prepared to pursue those goals at the college level.

"For some students, these programs are the first touchpoint with college," Laurin said. "I love that I can help bring awareness to these access points. It's exciting for me to be able to guide them toward their goals."

Laurin, who has been working in higher education for 10 years, holds a master's degree in higher education administration from Northeastern University. She earned her bachelor's degree from Assumption University.

"I'm passionate about higher education," Laurin said. "I have worked in different areas but it's always been with a focus on student support. I'm thrilled to be back at STCC and putting my skills and experience to expand upon what we have developed. I look forward to creating new partnerships and pathways for students so they can have access to higher ed."

## Local graduate finds employment in town



Ware resident Bryson Weagle

Submitted Photo

**SOUTH HADLEY** - Bryson Weagle of Ware has completed his certificate in HVACR and Facilities Maintenance from Technology Learning Center in Oxford.

"During the program, Bryson completed courses in oil and gas heat, A/C, refrigeration, wastewater treatment, boiler operations, geothermal, electrical, and welding," the school released.

Weagle obtained his Massachusetts Oil Burner Technician License and Universal EPA certification, and is now employed with FSI Oil & Propane in South Hadley.

### FALL FEST from page 1

ups are also welcome). Pickleball sign-up is through the TeamReach app (code 01075), according to reports.

"The public is welcome and encouraged to attend any or all of the activities," event organizers added.

A rain date for the Acousticca concert will be Oct. 22 at 3 p.m. This event is being sponsored by ERA M. Connie Laplante Real Estate, Valley Podiatry, and Sok's Bar & Grill.

"Keep up to date on the Buttery Brook Park Facebook page."

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# Pathfinder holds open house to share curriculum

By Marcelo Gusmão  
Staff Writer  
mgusmao@turley.com

PALMER – Last week, Pathfinder Regional Technical Vocational School held an open house to give parents and families the opportunity to see the school’s classes and curriculum for themselves.

The parking lot was so full at 6 p.m. on Thursday evening that cars had to park in the driveway leading up to the school.

“It’s very exciting to see all these people here early, well before we were even open,” said Vocational Director Amy Skowryra. “I love how people are so eager to get in.”

After being greeted at the door by the superintendent, principal and vocational director, attendees could either go downstairs to the gymnasium, where faculty set up tables with information about the various services the school has to offer, or they could go to the classrooms to sit in on presentations about the curriculum and meet the staff.

“I was a lawyer in Southbridge for 29 years,” said Peter

Lamarine, who now works as the department chair of physical education at Pathfinder.

“COVID hit, and I wound down my practice and started substitute teaching,” Lamarine said. “This opportunity popped up for this job, and I jumped on it.”

Lamarine said that law was good to him, but he doesn’t look back. “This is much more fulfilling,” he said. “My soul is being resurrected, a little bit at a time. My last case was across the street, and [...] after 29 years of grinding, dealing with criminals and divorce and stuff, I thought, ‘Wait a minute, I’m never doing that again.’”

“When I leave this job, I don’t think I’ll be that happy,” Lamarine added.

One Pathfinder staff member who doesn’t need to speculate is carpentry teacher Louis Zglobicki, who is retiring after 16 years.

“I’m going to miss it,” Zglobicki said. “I’m going to miss the kids the most. Especially on a night like tonight, when you see them all excited. That’s kind of hard on you, and you really love

it.”

Zglobicki reminisced with Superintendent Eric Duda about porches and extensions that Pathfinder students had built under his supervision, even sharing

was introduced to knowing what that was. I’d never seen all the stuff you do with the blocking and the foam, I thought ‘this is amazing.’ Now everybody has started adopting that.”

“We added a two-car garage and asked, ‘What do you want for upstairs?’ (The owners) said, ‘Master bedroom,’” Zglobicki recalled. “I said, ‘Anything special up there?’ and they said, ‘master bath.’”

“I had the homeowner come in and insulate it, but we did every piece of drywall, we did the flooring, the windows, the roof. We tied everything in and then the homeowner goes, ‘gee, you’re doing all this stuff, can you re-side the house so it’s all the same?’”

What started out as a one-year project turned into a three-year job, but Zglobicki is proud of the finished product, noting that it’s been featured in magazines and remains a recognizable feature of the neighborhood.

The open house served as an opportunity for alumni to talk about their experiences with the school as well. Amanda Leclerc, a graduate from the technical

school, set up a table in the Advanced Manufacturing Department to tell students about the opportunities that her Pathfinder education opened for her.

“I took manufacturing when I was here in 2010-14, and then I got a job at Master Cam?” she said. “I don’t like to brag, but I also like to give them the knowledge that by 27, I bought a house, I have my truck, and I have no student debt.”

“The older gentlemen that are leaving right now out of the industry, they don’t have positions filled by younger kids, so they haven’t been able to train them. If they can get into the industry now, where there’s guys that may be retiring in the next five to 10 years, and they can train them and give them that knowledge, that’s huge for them,” Leclerc said.

The open house provided a great opportunity for parents and families to learn more about their children’s school, and to get to know the people who are caring for and instructing the students at Pathfinder. For more information, go to [pathfindertech.org](http://pathfindertech.org).



Teachers in the Robotics Department pose with a robot.

some pictures he’d taken of the class with their finished products.

“That was the stretch energy stuff that came in,” Duda said. “That was the first year I



The teachers from the Culinary Department gathered for a photo in the kitchen.



In the school lobby, (from left) Superintendent Eric Duda, Vocational Director Amy Skowryra, and Principal Brenda Turner greeted people for the open house.



Paul Bouthiller and Joel Martel stand in front of a town police cruiser, for which the school’s auto body department regularly does detail work.



Families sit in on a typical class at Pathfinder Tech.



Dan Whalley had a table in the gymnasium with information about Pathfinder’s educational programs.



Teachers from the electrical department, are (from left) Jeremy LaMotte, Brad Lord and Eric Simard.



Turley photos by Marcelo Gusmão  
Standing in front of a brand new piece of equipment, are (from left) Eric Duda, Adam Girard, Derek Rivera, Douglas Bachand and Amanda Leclerc.



School nurse Sarah Dunaj was there to provide information to students and parents.



Sharing a joke together, the Carpentry Department members are (from left) Scott Baronas, Bill Darling, Phil Gallo and Louis Zglobicki.



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## Tigers keep winning

By **Tim Peterson**  
*Sports Correspondent*

SOUTH HADLEY— The South Hadley girls' varsity soccer team only played three home matches during the first month of the regular season.

The Lady Tigers kicked off a five game home stand with a 2-0 shutout victory over Kurty/Fielding rival Agawam on Columbus Day.

"We did play a lot of road matches at the beginning of the season. We now have a nice stretch of home games coming up," said South Hadley head coach Rich Marjanski. "It's always nice to win a home game."

South Hadley, who began last week's action as the top ranked team in the MIAA Division 4 power rankings, had a 9-1-1 overall record and an 8-1-1 league record following their second meeting of the regular season with Agawam. They were also the second ranked team in

the Western Mass. Class B power rankings behind first place Pope Francis.

The Lady Tigers celebrated a 3-0 victory over the Brownies when they made a visit to Harmon A Smith Field at the end of September.

"Anytime that you play the same team for the second time, it's always a lot more challenging," Marjanski said. "Agawam has improved a lot since the first time that we played them. This was a close game, and we were able to put a couple of shots into the net in the second half."

The Brownies (3-8, 3-5) had a 3-1 record following a 4-0 shutout victory at Pittsfield on September 19 before losing their next seven matches.

"This is probably the best game that we've played so far this season," said Agawam head coach Laura Wray-Ramos. "I

Please see **TIGERS**, page 10



Lauren Marjanski sends the free kick away.

Turley photos by David Henry www.sweetdogphotos.com

## Girls volleyball head for tournament



Vivian Marion makes a bump.



Isabella Schaeffer reaches down for a hit.



Raquel Losty guides a bump over the net



Milana Stefoglo reacts to a serve.

SOUTH HADLEY – With their ninth win of the season earlier this week, South Hadley girls volleyball is going to make the state tournament. The Tigers defeated Duggan 3-2. The girls also defeated Hampden Charter recently and will close out the regular season this week.

Photos by David Henry  
www.sweetdogphotos.com

## Rams draw with Green Wave



Riley Goodhind dribbles up the field. More on page 11.

# T-Birds rebound to beat Bruins

SPRINGFIELD – The Springfield Thunderbirds (1-1-0-0) overcame a subpar second period and battled their way to a 4-3 win over the Providence Bruins (0-1-0-1) on Sunday afternoon inside the MassMutual Center.

Vadim Zherenko got the nod in net for Springfield and picked up the win, stopping 38 shots on the afternoon. On the other end, Brandon Bussi got the start for Providence in the net, making 20 saves on 24 T-Birds attempts.

After a flurry of chances in the Providence zone about halfway through the first period, captain Matthew Peca got the T-Birds on the board first as he knocked a rebound home at the 7:48 mark. On a seemingly harmless play, Wyatt Kalynuk wristed a point shot toward Bussi, which appeared like he would squeeze it in the glove to get a whistle. Instead, the puck popped out of his trapper, and Springfield kept the puck in the zone the next half minute, culminating in the goal by Peca, which came as a sixth attacker was jumping on the ice following a delayed Providence penalty.

Peca's first goal of the season would be the only tally of the period, as the T-Birds marched back to their dressing room with a 1-0 lead. Nathan Walker picked up a point for a second straight day, getting credit for the primary helper, while Dylan Coghlan accrued his first point as a T-Bird with the secondary assist.

Providence had a golden opportunity to score five minutes into the second frame when Vincent Arseneau took advantage of a turnover and found teammate Joey Abate in the

slot, but Abate's shot nailed the post and the score remained 1-0.

The T-Birds had a golden opportunity of their own to capitalize on with 7:28 to go in the second after Zachary Bolduc intercepted an errant pass, but Bolduc just missed on the glove side of Bussi as the shot sailed over the crossbar.

John Farinacci finally got the P-Bruins on the board, hammering home a rebound past Zherenko on the power play, tying the game up at one apiece.

With just over a minute to play in the second, after an unforced giveaway in the defensive end by Springfield, the Bruins took advantage as Farinacci found Luke Toporowski for a one-timer in the slot, giving the P-Bruins a 2-1 lead going into the dressing room.

It didn't take long for the T-Birds to get even in the third, as Walker recorded his second goal of the season just nine seconds into the period to open up the scoring, with Adam Gaudette and Calle Rosen getting credit with the assists.

Just 4:19 later, Bolduc joined the scoring party on a 2-on-1 rush as he rifled home a shot past Bussi on the blocker side. The first-round pick's first career pro goal made it a 3-2 game.

Providence did not go away quietly though, as Marc McLaughlin tipped in a Reilly Walsh point shot on a Bruins power play at the 13:21 mark, bringing the game to a 3-3 tie.

In need of another response, and with another delayed penalty situation, the top line delivered in the clutch. Finding a quiet area in the slot area, Gaudette snapped a perfect shot

under the crossbar and recorded his first of the year and second point on the day, making it 4-3 with just 4:52 to go in the third.

Despite pulling their goalie and several dangerous scoring chances, Providence could not tie the score and the T-Birds escaped with their first victory of the year in thrilling fashion.

The T-Birds return to the MassMutual Center on Friday to complete their season-opening three-game homestand as they take on the Lehigh Valley Phantoms, with puck drop set for 7:05 p.m. at the Thunderdome.

## TIGERS from page 9

told my players to keep their heads up. The game of soccer can be frustrating at times. You can play a fantastic game and still come away with a loss."

Despite having a below .500 record, Agawam was ranked 22nd in the Division 2 state power rankings. The top 32 teams in each of the five Divisions will automatically qualify for the state tournament. The Brownies were also ranked eighth in the Western Mass. Class A power rankings.

The Lady Tigers outshot the Brownies, 10-4, during the first 40 minutes of the contest.

A strong performance by senior goalie Joann Schmuck (13 saves) and the Agawam defensive unit kept the contest scoreless at halftime.

"Joann has the most saves by a goalie in Western Mass. this season," Wray-Ramos said. "She has been keeping us in our games. She's a fantastic goalie."

The Agawam defense is led by senior Alivia Carrier, senior Isabella Castro, junior Gabriela Cosentini, and junior Katelyn Cleavall.

Most of the Lady Tigers' shot attempts in the first half were taken by senior Lauren Marjanski.

Down at the other end of the field, South Hadley senior goalie Drew Alley (8 saves), who missed the first two games of the regular season with an injury, posted her third consecutive shutout and fifth overall.

"I couldn't post a shutout without the help of my defense, which has been performing very well so far this season," Alley said. "I'm very glad that we were able to win another game."

South Hadley starting defenders against Agawam were senior Madelyn McArdle, senior Gianna Roy, junior Maddie Soderbaum, and junior Margo Watkins.

The Lady Tigers took a 1-0 lead nine minutes into the second half on an unassisted goal by Lauen Marjanski.

"Lauren just ripped a shot from about 20 yards out into the net. It was a pretty goal," coach Marjanski said. "The Agawam goalie did make a couple of very good saves in the first half."

Carrier also had a couple of shots on goals for the visiting team. Alley made a one handed save on the first attempt, which kept the score 1-0.

During the 55th minute, Lauren Marjanski had a breakaway shot, which was saved by Schmuck.

Marjanski also had several more shots on goal during the final 25 minutes of the match.

With 13 seconds left in regulation, Schmuck made another save on another Marjanski shot, but sophomore Allison Fleury was able to knock home the rebound shot giving the home team a 2-0 victory.

Agawam ended their losing streak by posting a 3-0 home win against Pittsfield, last Thursday. All three of the Brownies goals in that contest were scored by sophomore Kylie Warner.

The Lady Tigers reached double digits in victories on the same day with a 6-1 home win against Chicopee Comp. Marjanski recorded a hat-trick, while senior Gracie Dean, Roy, and Fleury netted the other three Lady Tigers goals.



Madelyn McArdle dribbles up the field.



Sofie Quinn is pursued by the opposition.



Rachel Yabra blocks a pass from Agawam.



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Jaxton Roy makes a long throw-in.



Brandon Carillon flicks the ball to a teammate.

Photos by David Henry  
www.sweetdogphotos.com



Gavin Moreno heads up the middle through traffic.



Cole Fuller heads the ball forward.

GRANBY – Ties have been a theme for the Granby boys soccer team, as they notched their fifth of the season against Greenfield last Monday afternoon. Tristan Moe had

both of Granby's goals in a 2-2 draw with the visitors. Granby is now 8-1-5 this season. They have qualified for the state tournament.

## Railers fall to Mariners in opener

AUBURN, ME – The Worcester Railers HC (0-1-0-0, 0pts) fell to the Maine Mariners (1-0-0-0, 2pts), on Friday night by the final score of 4-2 at Norway Savings Bank Arena. The Railers are at the Fidelity Bank Worcester Ice Center against the Maine Mariners on Saturday, October 14th at 7:05 p.m. EST.

Maine started the game with two quick goals in the first from Ethan Keppen (2-0-2) and Wyllum Deveaux (1-0-1) to grab a 2-0 lead through one period. Worcester got on the board in the second thanks to Zach White's tip in front to make it 2-1. The Railers and Mariners traded goals midway through the second, as Jimmy Lambert (1-1-2) for Maine put the Mariners up 3-1 just before Jake Pivonka (1-0-1) got the Railers back to within one. Keppen scored the only goal of the third, as Maine would go on to beat Worcester 4-2 on Friday night.

The Mariners poured on the offense in a hurry to open the first, scoring twice in the first 3:06 of the game. Ethan Keppen (1st) finished off a cross-ice passing sequence from Tyler Drevitch to beat Tikkanen far-side and make it 1-0 Mariners. Wyllum Deveaux similarly capped off an up-ice rush with a backdoor tap-in past Tikkanen off a feed from Reid Stefanson (1st) to make it 2-0 Mariners. Former Railer Jimmy Lambert was in the lineup for the Mariners and managed to record the secondary assist on Deveaux's goal. Shots in the first favored Worcester 14-6.

Zach White (1st) got Worcester on the board early in the second with his first as a Railer. John Cope land unleashed a shoulder-high shot from the point that White redirected past Starrett to make it 2-1 Maine. Lambert (1st) recorded his second point of the night as he beat Tikkanen with 8:01 to go in the second, and put Maine back up by two, 3-1. Just 19 seconds later, Jake Pivonka (1st) got Worcester back to within one off assists from Riley Piercey and Ashton Calder. The second period came to an end at 3-2, with Worcester continuing to outshoot the Mariners 12-11. The Railers led in shots through two at 26-17.

Intensity & physicality escalated midway through the third period. Mike Higgins and Cole Dubinsky dropped the gloves in response to a check on Worcester's Artyom Kulakov, which left him slow to get up. Maine scored first in the third when Ethan Keppen (2nd) found the puck alone far side off a feed from Stefanson to beat Tikkanen and make it 4-2. Worcester went on the power play late in the game with 1:46 remaining as Connor Doherty was sent to the box two minutes for roughing. Kulakov then dropped the gloves with Doherty, with both players ejected for the rest of the game after the fight. Neither team would score to wrap up the third, as the Railers fell 4-2 to Maine to open the preseason.

## Cambridge half-marathon registration open

CAMBRIDGE – Registration is open for the Cambridge Half Marathon and 5K at CambridgeSide. The races are scheduled for Sunday, Nov. 5 (race begins 7 a.m. EST) on a gorgeous new course with views of the Charles River along Memorial Drive.

The Cambridge Half Marathon is a 13.1 mile fast and flat course

featuring views of the MIT, John W. Weeks Footbridge, Harvard University Stadium, Charles River and more. The new 5K race also offers scenic views alongside the Charles River. Both courses are USATF certified and start and finish at CambridgeSide.

Race registration includes quarter zip pull over (half mara-

thon participants) or long sleeve shirt (5K participants), five complimentary CambridgeSide parking passes, training plan, race bib with timing chip, and finishing medal. Register for both races at CambridgeSide.com.

Cambridge Half Mara-

thon and 5K at CambridgeSide race proceeds benefit Cambridge Camping (CambridgeCamping.org), City of Cambridge Scholarship Fund (Cambridgema.gov/Services/CityScholarship) as well

as other local charities. Cambridge Half Marathon and 5K is sponsored by Canam Group Inc. and training sponsor MYSTRYDE.

## Big Y providing free updated COVID-19 vaccinations

SPRINGFIELD – Big Y Pharmacies are now providing free COVID-19 vaccines for adults 18 years and older without insurance or whose insurance requires a copay.

The Centers for Disease Control and Prevention recommends that everyone ages 6 months and older receive an updated COVID-19 vaccine. The CDC is dedicated to protecting access to free COVID-19 vaccines for all. The updated COVID-19 vaccines are covered by insurance. Uninsured children have their vaccines covered by Vaccines for Children.

There are also 25 to 30 million adults, however, without health insurance, and additional adults whose insurance will not cover COVID-19 vaccination without a copay. CDC's Bridge Access Program is partnering with select pharmacies to offer no-cost COVID-19 vaccines to adults who are

uninsured or underinsured.

Big Y Pharmacy is partnering with eTrueNorth, a United States-based healthcare services company, to offer this program in the community. eTrueNorth partners with pharmacies nationwide to make basic health and wellness services more accessible. Big Y Pharmacy locations in the area may be found here: <https://www.bigy.com/Pharmacy>

The U.S. Food and Drug Administration has approved and authorized an updated COVID-19 vaccine as of Sept. 11. The vaccine is formulated to provide better protection against the most recently circulating COVID variants. The mRNA vaccines are manufactured by Moderna US, Inc. and Pfizer Inc. Individuals covered in full by insurance are not eligible for this program.

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## Public Safety/Health

### Granby Police

*Editor's Note: The Granby Police Department responded to 316 calls for the week of Sept. 29 through Oct. 12. Those arrested are presumed innocent until proven guilty in a court of law. The Granby Police Department provides all information.*

#### Friday, Sept. 29

3 p.m. – A motorist reported a minor two-car accident. There were no injuries. An officer responded and completed an accident report.

#### Tuesday, Oct. 3

7:14 a.m. – An on-duty officer witnessed a two-vehicle accident. There were no injuries, and an accident report was completed.

1:10 p.m. – A resident came to the station to report someone stole their identity and rerouted their social security payments. An incident report was completed.

#### Wednesday, Oct. 4

6:47 p.m. – A motorist came to the lobby of the station and reported that their driver's side mirror struck the mirror of an oncoming vehicle. The motorist sustained minor injuries from flying glass. The oth-

er driver called the station to report the accident and stated that they were uninjured. An accident report was completed.

#### Thursday, Oct. 5

3:29 p.m. – A motorist reported that a vehicle drove off the road and caused lawn damage and did not stop. An officer located the vehicle a short time later. An accident report was completed. The operator was issued a criminal citation for crossing marked lanes and leaving the scene of a property damage/accident.

#### Friday, Oct. 6

10:28 a.m. – A resident reported discovering that their vehicle was stolen sometime between 1-5:30 a.m. An officer responded and completed an incident report. The matter is under investigation.

6:29 p.m. – A motorist reported a minor two-car accident in the parking lot. An officer responded and completed an accident report. There were no injuries.

#### Sunday, Oct. 8

12:51 a.m. – While on patrol, an officer observed a motor vehicle operating without its headlights on. The vehicle was stopped, and it was discovered that

the registration was revoked. It was also discovered that the operator did not have a driver's license. The operator was issued a criminal citation for operating a motor vehicle without a license and for defective equipment. The registered owner was issued a criminal citation for allowing a motor vehicle to be operated with a revoked registration.

9:33 a.m. – A resident reported that a parked vehicle's mirror was struck by another passing vehicle at a tag sale. The operator of the parked vehicle came to the station to file an accident report. The other vehicle was described as a black SUV and could not be located.

2:22 p.m. – Several motorists reported a single car rollover accident. Granby Police and Fire responded. The operator sustained minor injuries but refused transport to the hospital. See next call.

3:03 p.m. – Erin Young, 34, of Granby, was arrested on charges of operating a motor vehicle under the influence of alcohol, operating a motor vehicle without a license, and crossing marked lanes.

#### Tuesday, Oct. 10

1:20 p.m. – A motorist reported a two-car accident. Granby Police and Fire re-

sponded. The operator of one of the vehicles was transported to the hospital with non-life-threatening injuries. An accident report was completed.

#### Thursday, Oct. 12

2:29 a.m. – A resident called to report a disturbance in an apartment complex. Officers responded and spoke with all involved parties. The situation was resolved for the night.

6:59 a.m. – A resident reported that a vehicle had struck a pedestrian. Granby Police and Fire responded. The pedestrian was transported to the hospital with non-life-threatening injuries. An accident report was completed.

11:28 a.m. – A motorist reported that their vehicle was struck by a loose tire rolling in the roadway. An officer responded and determined that the accident occurred in South Hadley. The operator was transported to the hospital with non-life-threatening injuries. South Hadley PD was notified and responded to complete the accident report.

12:17 a.m. – Several motorists reported a two-car accident. Granby Police and Fire responded. There were no injuries, and an accident report was completed.

## Precision medicine is changing treatment for breast cancer

SPRINGFIELD—When it comes to treating most cancers today, specialists are quick to denounce the “one-size-fits-all” or “cookie cutter” approach that has changed over the past several decades.

It was back on April 16, 1999, that a short article appeared in The Wall Street Journal entitled “New Era of Personalized Medicine: Targeting Drugs for Each Unique Genetic Profile,” which introduced to the public the new term personalized medicine.

“Decades ago, most patients with breast cancer received the same treatments. At that time, there really wasn't a way for us to differentiate treatments for more effective outcomes based on a woman's specific type of breast cancer,” said medical oncologist and breast specialist Dr. Prarthna Bhardwaj of the Baystate Regional Cancer Program.

Personalized medicine, now more often referred to as precision medicine, is an innovative approach to the tailoring of medical treatment. It is based on the individual characteristics of each patient by identifying the molecular fingerprints of various cancers and using them to divide cancer's once-broad categories into far more precise types and subtypes. It allows for medical care that “focuses on the right drug at the right dose at the right time for the right patient.”

“Modern science has allowed us to focus on improving outcomes for our patients. Today, we are seeing women diagnosed with stage 4 breast cancer, who years ago would have an average life expectancy of months to now surviving for years with treatments that are improving the quality of life for many,” Bhardwaj said.

“Many of these new treatments began with patients who had advanced or stage 4 breast cancer. When oncologists started to see success in treating these patients with targeted therapies, what followed was incorporating them into treatment for patients with earlier stage cancers to achieve better outcomes for them as well,” Bhardwaj said.

One of the earliest examples of putting precision medicine to work for breast cancer patients, and that served as an initial step in identifying different types of breast cancers, was the discovery in 1986 of the HER2 gene that promotes the rapid growth of cancer cells. HER2-positive breast cancers, which tend to be more aggressive than other types of breast cancer, account for about 15-20 percent of all breast cancer diagnoses, where the breast tumor has high levels of the protein known as HER2 which stands for human epidermal growth factor receptor 2.

“Not all patients benefit from the same treat-

ments, and this is what inspired researchers to learn why. Breast cancers are routinely tested for hormone receptors, specifically estrogen and progesterone, as well as HER2 currently. There is a subset of women who have triple-negative breast cancer who do not express HER2, estrogen or progesterone, resulting in their not being able to be treated with therapies targeting these protein markers and leaving them to rely on standard infusional chemotherapy,” Bhardwaj said.

“Although several gene defects have been identified today that contribute to breast cancer, we don't yet have treatments against all of them, but the good news is that more are slowly beginning to be introduced in the fight against breast cancer. One of the newest and fastest-growing types of anticancer drugs is antibody-drug conjugates (ADCs) like Enhertu (trastuzumab deruxtecan). ADCs involve the targeting properties of monoclonal antibodies, which bind to a specific protein attached to those cells and then go on to release a chemotherapy drug, preferentially killing cancer cells but preserving the normal cells,” Dr. Bhardwaj said.

Surgery remains an integral treatment for early-stage breast cancer. This can be in the form of a lumpectomy or mastectomy, depending on the tumor size and breast size. Precision medicine has opened the window to allow targeted medical therapy to help shrink larger tumors or to treat positive lymph nodes and allow for smaller surgeries with less surgical risks, such as lymphedema which is a chronic swelling of the arm. There may even be a day when surgery does not need to be part of a treatment plan, and clinical trials are ongoing looking for the appropriate cancer and patient scenarios to which this could apply.

The most optimal treatment for breast cancer today involves a multidisciplinary team like that found at Baystate Health involving surgeons, medical oncologists, radiation oncologists, pathologists, and radiologists.

“At Baystate Health, we are fortunate to have a robust breast cancer program with dedicated healthcare professionals who work in tandem to provide the most appropriate care for an individual,” Bhardwaj said.

“Any type of cancer diagnosis is a life-changing event for patients, and we are striving hard to make treatments more effective and less toxic. It is a privilege to be an oncologist guiding patients through their cancer journey as the field evolves in exciting ways,” she added.

For more information on the Baystate Regional Cancer Program, or to make an appointment, visit [baystatehealth.org/cancer](http://baystatehealth.org/cancer).

## Karye Allard shares her story in healthcare

REGION — Being a combat veteran of the Army National Guard and deployed with the 28th Military Police Company to Baghdad during Operation Iraqi Freedom, has provided me with the opportunity to see many different areas of the world with vastly different cultures and ways of life. These experiences have allowed me to be very grateful for where and how I am able to live. Working in healthcare has given me the opportunity to feel like I am giving back.

The most rewarding part of my role in mammography is when I am able to share with a patient that their exam is normal and that everything is fine. The relief that comes across their face is priceless. On the opposite end of the spectrum, being there to listen to a patient's story, hear their fears, and provide a shoulder to cry on or offer a reassuring hug when unwanted news is given is just as rewarding.

Facing a breast concern can be an incredibly terrifying experience for many women. Being able to provide as much information and support during this time is one of my main goals as a mammographer. When a patient needs to return for additional images, I do my best to explain the reason for the visit and the importance of providing the radiologist with the best images possible.

Coming in for a mammogram is not something most women

look forward to so providing a positive and encouraging experience to each patient is my top priority and the most meaningful part of my job. I hope to make a positive impact on people's lives during the brief interaction I share with each patient and hope that this allows them to return for their yearly mammograms with less hesitation and anxiety.

Regarding the Radiology team I work with, I couldn't ask for a more caring, empathetic, and knowledgeable group of people. They bring me joy every day I get to work with each and every one of them. Each person brings something special and wonderful to our team from how they treat and care for our patients to the amount of medical knowledge they possess, and much they make me smile every single day. Simply put, they are just the best.

Breast cancer is the most common cancer among women. During their lifetimes, regardless of breast size or family history, 1 in 8 women will receive a breast cancer diagnosis, but early detection makes breast cancer easier to treat. Women over 40 do not need a referral to make an appointment for a routine screening mammogram. For more information or to make an appointment online at one of the Baystate Health 8 locations visit Baystate Health. To Make a Mammogram Appointment or call 413-794-2222.

## Annual craft fair to be held

EAST LONGMEADOW— St Mark's Church, 1 Porter Road, will hold its annual Art and Craft Fair on Saturday, Nov. 15 from 9 a.m. to 3 p.m. There will be a wide range of artists and crafters offering items ranging from hand knit sweaters to hand-turned wooden bowls and birdhouses, from homemade jam to ceramics

and glassworks. The Art and Craft Fair also offers a ‘Cookie Walk’ and an eclectic raffle of donated handmade items that benefits St. Mark's Church. The kitchen offers breakfast and lunch items such as homemade soups, chili and loaded baked potato for sale. Rain or shine. Free parking and admission. All are welcome.

# Public Notices

<p>Sale of Motor Vehicle under G.L. c. 255, Section 39A Notice is hereby given by DM Towing, LLC, 254 Old Lyman Road, South Hadley, MA 01075 pursuant to the provisions of G.L. c. 255, Section 39A, that on October 30, 2023 at 12:00 PM at 254 Old Lyman Road, South Hadley, MA by Private Sale, the following Motor Vehicles will be sold at a private sale to satisfy the garage-keeper's lien thereon for storage, towing charges and expenses of notices and sale of said vehicles.</p> <p>2010 Dodge Charger VIN:2B3CA3CV4AH259320 Reg/State: 3LDJ87 (MA) David Souleymane Koneh 5 Harbour Road Springfield, MA 01118-2421</p> <p>2013 Toyota Prius VIN: JTDDKN3DU4D5620223 Reg/State: 1ZNT39 (MA) Juan L Enriquez 17 Roosevelt Ave. Holyoke, MA 01040-1607</p> <p>2017 Chevy Equinox VIN: 2GNFLFEK3H6261650 Reg/State: 1DT3C2 (MA) Sean Alan Moreau 202 Cady St. Apt. 2 Ludlow, MA 01056-2272 by William R Forget Date: 10/02/2023 This notice has been given under the provisions of G.L. c. 255, Section 39A. 10/06, 10/13, 10/20/2023</p> <p><b>Sale Of Motor Vehicles Under G.I. C.255 Sec. 39A</b> Notice is hereby given by <b>Hampshire Towing, 650 New Ludlow Rd., South Hadley, MA 01075</b>, pursuant to the provisions of G.L. C. 255, section 39A, an <b>online auction</b> will take place <b>11/06/2023 at 9 a.m.</b> Vehicles can be viewed at <a href="http://sta.ibidsmart.com">sta.ibidsmart.com</a> beginning 10/27/23. The following motor vehicles will be sold to satisfy our garage keeper's lien thereon for storage, towing charges, care and expenses of notices and sale of said vehicles:</p> <p>2004 Subaru Forester JF1SG65644G748371 Brianna Quinonez Diaz 6 Glen St Holyoke MA 01040</p> <p>2007 Dodge Nitro 1D8GU28K07W700193 Kristi Tanguay 150 Green Mt Trailer Park Pownal VT 05261</p> <p>2001 Honda Odyssey 2HKRL18631H620293 Edward Drost</p>	<p>25 Nelligan Dr Chicopee MA 01020</p> <p>2013 Volkswagen Passat 1VWAP7A38DC023772 Dandre Ramos 1476 Grey Eagle Ln Winter Haven FL 33881</p> <p>2018 Honda Civic SHHF7H53JU419412 Tyler Caron 54 Central Ave North Adams MA 01247</p> <p>2006 Chrysler PT Cruiser 3A4FY48BX6T363735 Geraldine Belisle 15 Spring St. Apt 50 Adams MA 01220</p> <p>2001 Acura MDX 2HNYD18221H507766 Chikeina Brown 30 William Sands Jr Springfield MA 01109</p> <p>2013 Volkswagen Passat 1VWBH7A39DC016752 Katherine Shepard 45 Southwick St Feeding Hills MA 01030</p> <p>2001 BMW 5 Series WBADS43401GD85599 Cory Saddlemire 28 Cardnal Blvd #15 Pownal VT 05261</p> <p>2007 BMW 3 Series WBAVC73507KP31357 Angel Colon 17 Ranney St #1 Springfield MA 01108</p> <p>2013 Audi Q5 WA1CFAP9DA010249 Lillybelle Wloch 31 High St Ware MA 01082</p> <p>2003 Cadillac Escalade (Gray) 1GYEK63N13R127229 Angel Martinez 84 Marion St. Apt 2 Springfield MA 01109</p> <p>2011 5th Wheel Utility Trailer 1UYFS2453BA200505 Xpo Last Mile Inc 2850 S Lynhurst Dr Indianapolis IN 46241</p> <p>2008 Subaru Legacy 4S3BL616187215329 Makayli Melendez 185 Prospect St North Adams MA 01247</p> <p>2000 Honda Accord 1HGCG5641YA058755 No Records Found</p> <p>2005 Honda Civic 1HGEM22995L015282 Evelyn Rosario 92 Ardmore St Springfield MA 01104</p> <p>1996 Buick Century 1G4AG85M8T6429300 Jennifer Boyle 112 Nonotuck St Holyoke MA 01040</p>	<p>2003 Nissan Murano JN8AZ08T73W104595 Awilda Cordero 64 Myrtle St. Apt 15 Indian Orchard MA 01151</p> <p>2007 Saab 9-7X 5S3ET13S072805277 William Bohl PO BOX 76 Pownal VT 05261</p> <p>2007 Acura MDX 2HNYD283X7H533619 Ciana Cabrera 580 S Summer St. Apt 22 Holyoke MA 01040</p> <p>2007 Honda Civic 2HGFA16527H307306 Murrata Kapiga 323 Waltham St West Newton MA 02465</p> <p>2004 Honda Accord 1HGCM56394A096812 Nathaniel L. Rodriguez 133 Sargeant St 1R Holyoke MA 01040</p> <p>1983 Datsun 280ZX JN1HZ04S2DX569761 Euclides J Almeida 17 Coach Ln. Amherst MA 01002</p> <p>2013 Isuzu NPR 54DC4W1B2DS801720 Andrew Shulman 147 Theroux Dr Chicopee MA 01020</p> <p>Boat/Trailer None Paul A. Deslauriers 123 Mill Pond Rd Jacksonville NC 28546</p> <p>2005 Honda Civic 2HGES26735H504367 Josue Torres 64 Church St. Apt 3 Springfield MA 01107</p> <p>1998 Acura TL JH4UA2655WC004757 Kyle Washington 37 Maple Crest Cir. Apt F Holyoke MA 01040</p> <p>2015 Nissan Altima 1N4AL3AP7FN328767 Viktor Gerasimchuk 82 George St West Springfield MA 01089</p>	<p>2015 Honda Civic 19XFB2F58FE270113 Kimberly James 42 Hunt St. Agawam, MA 01001</p> <p>2006 Honda Pilot 2HKYF18506H529726 Michelle Rolnick 87 W Main St. Apt 2 North Adams MA 01247</p> <p>2006 Honda Odyssey 5FNRL38716B057478 JJ Florez Subira 720 Charles St. Providence RI 02904</p> <p>2003 Nissan Altima 1N4AL11D23C118482 Karl Krause 69 Saint James Ave Holyoke MA 01040</p> <p>2020 Taotao Pony 50 L9NTCBAE7L1007022 Rafael Hernandez 115 Dwight St. Apt 705 Springfield MA 01103</p> <p>2001 Honda Civic 1HGEM22991L083320 Rettura, Jennifer P.O. Box 856 Springfield MA 01102</p> <p>2005 Honda Accord 1HGCM72635A005224 No Records Found</p> <p>2008 Suzuki Hyabusa JS1GX72A882103Q67 Alexander Ramos 376 Main Street, Apt #2 Indian Orchard MA 01151</p> <p>2005 Chevrolet Equinox 2CNDL23F356165765 Kennia Carrasquillo Centeno 145 Essex St. Apt 2R Holyoke MA 01040</p> <p>Trailer No VIN found</p> <p>2022 Honda Accord 1HGCV1F32NA112954 Balise Motor Sales Company 122 Doty Circle W Springfield MA 01089</p> <p>2006 Mercedes-Benz C-Class WDBRF92H06F792149 Johnny Lendon 28 Sumner Ave. Apt 2L Springfield MA 01108</p>	<p>2008 Saturn Outlook 5GZEV23788J150745 Josefina Fernandes 101 Cabot St. Apt 201 Holyoke MA 01040</p> <p>2018 Jeep Renegade ZACCJBBB6JPG73021 Dominique Gelinas 7 Parkview Terr. 1 Left Holyoke MA 01040</p> <p>2013 Hyundai Veloster KMHTC6AE4DU179705 David Lemaire 121 Depot St Cheshire MA 01225</p> <p>2003 Audi A4 WAULC68E23A118716 Jayline Rosario Alvarado 105 N East St. Apt 2L Holyoke MA 01040</p> <p>2000 Jeep Cherokee 1J4FF68S8YL197070 Lisa Warner 20 Morlock Dr West Sand Lake NY 12196</p> <p>2007 Cadillac Escalade (Black) 1GYFK63847R325078 Donnell Jackson 17 Worcester Pl Holyoke MA 01040</p> <p>2002 Honda Civic (Blue) 2HGES26752H597677 Victoria Ortiz 5 Lyman St New Britain CT 06053</p> <p>2001 Toyota Avalon 4T1BF28B71U120697 Jason Keith Shackelford 13675 Honey Dr Baton Rouge LA 70810</p> <p>2004 Toyota Camry 4T1BE32K04U350216 Lauren Duffin 427 S Elm St. Apt 2R Holyoke MA 01040</p> <p>TA01 CY50A (moped) L9NTEACT8E1065058 No Records Found</p> <p>2002 Toyota Camry 4T1BE32K72U547901 Edwin Velez 340 Appleton St Holyoke MA 01040</p> <p>2004 Chevrolet Venture 1GNDX03E94D158119</p>	<p>David Moreno 1571 Dwight St Springfield MA 01107</p> <p>2021 Zhen Scooter L5YACBPB3M157707 Michael Rackliffe 300 Hampden St. Apt 3R Holyoke MA 01040</p> <p>2004 Toyota Prius JTDDKB22UX40059576 Orlando Pereira 330 Maple St. Apt 2 Holyoke MA 01040</p> <p>2008 Chevrolet Impala 2G1WC583781315190 Kirk Myntti 176 Union St. Apt 25 North Adams MA 01247</p> <p>2010 Mazda Mazda3 JM1BL1SG2A1249606 Roberto Santiago 68 Bernard St Springfield MA 01109</p> <p>2007 Acura TL 19UUA76567A006210 Ana Medina 487 Beacon Cir Springfield MA 01119</p> <p>2009 Jeep Patriot 1J4FF28B79D185996 Aisha Williams 110 Hampshire St. Apt 3RB Holyoke MA 01040 10/20, 10/27, 11/03/2023</p> <p style="text-align: center;"><b>TOWN OF SOUTH HADLEY MASSACHUSETTS BOARD OF HEALTH SETS MINIMUM STANDARDS for the KEEPING OF ANIMALS</b> Town of South Hadley Minimum Standards for the Keeping of Animals were passed by the South Hadley Board of Health. Copies may be obtained at the Board of Health Office. Tony Judge, Chair Christine McKiernan, MD, Vice Chair Karen Walsh Pio, Clerk 10/20/2023</p>
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**HELP WANTED**

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Full job description and compensation information at the town of Hampden website: <https://www.hampdenma.gov>.  
Submit cover letter and resume electronically to Robert T. Markel, Town Administrator, at [townadmin@hampdenma.gov](mailto:townadmin@hampdenma.gov).

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## South Hadley Public Library events

SOUTH HADLEY – The town's library has announced its upcoming programs:

### Adult Programs

#### Tuesday Night Knitting Group: Tuesdays at 6 p.m.

"Join the library's Tuesday Night Knitters for some quality knitting and crocheting time."

All skill levels are welcome. The group meets on the second floor in the Mandracha Quiet Study Room, but may move to a larger meeting room when available.

Gatehouse Writers Group (Online Writing Group): Fridays via Zoom at 10 a.m.

"Our library writing group, the Gatehouse Writers, is a supportive peer-led environment open to all levels and styles," the library released. "The group philosophy is a simple one: every person is a writer, and every writer deserves a safe environment in which to experiment, learn, and develop their craft."

This online group is led by Linda Rowland-Buckley and Richard Buckley. Contact Linda Rowland-Buckley at rowbuc1998@gmail.com.

#### Mahjong at the Library: Friday, Oct. 20, at 1 p.m.

Mahjong is a tile-based game that was developed in 19th century in China and has spread throughout the world. This Friday afternoon group is for experienced players.

#### Spanish Conversation Circle: Saturday, Oct. 21, at 10:30 a.m.

An opportunity for Spanish speakers to practice their language

skills. Participants should have some basic conversational skills to join the group. This is not a language class.

### SPECIAL EVENTS Agawam Paranormal, Evidence Review: Wednesday, Oct. 25, at 6 p.m.

"This is a public reveal featuring their investigations of the Firehouse Museum, the Old Village Cemetery, and the Gaylord Library. Each location will be shown beginning with an introduction to the historic value and events that happened there, then will get into the actual investigations that were conducted and finally end with the potential evidence captured on site. Get the opportunity to feel like a part of the investigation and learn something new about a local site," the library released.

#### Artificial Intelligence, Fact & Fiction:

Monday, Oct. 23, at 6:30 p.m.

October is Cybersecurity Awareness Month.

"Our program is presented by IT security engineer Nathaniel Mello who will demystify AI to help people understand how it works, who's using it, how to use it, impacts it's had already, and what's around the corner. We'll also talk about ChatGPT and how to use it (or how it's using you)."

### TEEN PROGRAMS

For ages 11 through high school, unless specified.

#### Teen Monthly Afternoon Program:

Thursday, Oct. 26, at 4 p.m.

This new program is happen-

ing the last Thursday of the month. Programs will vary and all supplies will be provided. Please sign up by email or call Bethany and check out the Teen Room door poster for more information, the library released.

### Crafternoon:

Monday, Oct. 30, at 4 p.m.

All supplies will be provided. No sign up needed. Check out the Teen Room door for more information. Craft will take place in the Teen Room. Snacks and drinks provided by the Friends of the Library. This month's Crafternoon features Pom Poms, with an assortment of craft options.

### Teen Takeaways: Monthly

Sign up once and receive a new Takeaway every month. A craft with all supplies and directions provided, as well as some other goodies in each bag. No monthly meetings or online meetings, the library shared.

"Craft on your own time with no pressure or stress."

This month's Teen Takeaway features Pine Cone Owls.

### CHILDREN'S PROGRAMS

#### Special Storytime,

#### Halloween & Healthy Smiles: Friday, Oct. 27, at 3:30 p.m.

"Halloween is coming...get a free toothbrush and toothpaste at this story time," the library released. "Ms. Jenny will read 'The Last Loose Tooth' by Tyler Clark Burke, and local dentist Dr. Marjorie Block will explain how to keep your teeth clean and cavity-free."

For even more programs, visit [shadleylib.org](http://shadleylib.org).

## Portable sawmill workshop this weekend

REGION – An "Operating a Portable Sawmill" workshop is scheduled for Saturday, Oct. 21, hosted by the New England Small Farm Institute (NESFI).

The workshop, part of the NESFI Education Series, will be held from 9 a.m. - noon at 376 West Pelham Road, Shutesbury.

"Bob Novick of White Oak Forest Products will lead us through a hands-on workshop that explores all dimensions of operating a small, portable sawmill at both homestead and commercial levels. Topics include: sourcing and moving logs, safety considerations, sawing techniques, choosing what to mill, maintenance and operating costs, considerations for buying or renting a mill, marketing boards etc.," a press release reads.

All are welcome, but space is limited; register via email at [info@smallfarm.org](mailto:info@smallfarm.org) or by phone at 413-323-4531. There is a \$25 registration fee.

## Hearts Willing Club to present "Laughter Yoga"

MONSON – The Hearts Willing Club of the First Church in Monson presents "Laughter Yoga" with Robert Rivest, on Wednesday, Oct. 25, at 7 p.m.

Laughter Yoga combines laughter exercises with yoga breathing moves. This combination of techniques reduces stress and improves mood.

The event is free and open to the public.

Roseann Vinciguerra, of First Church, invites anyone interested in attending to join the popular program.

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